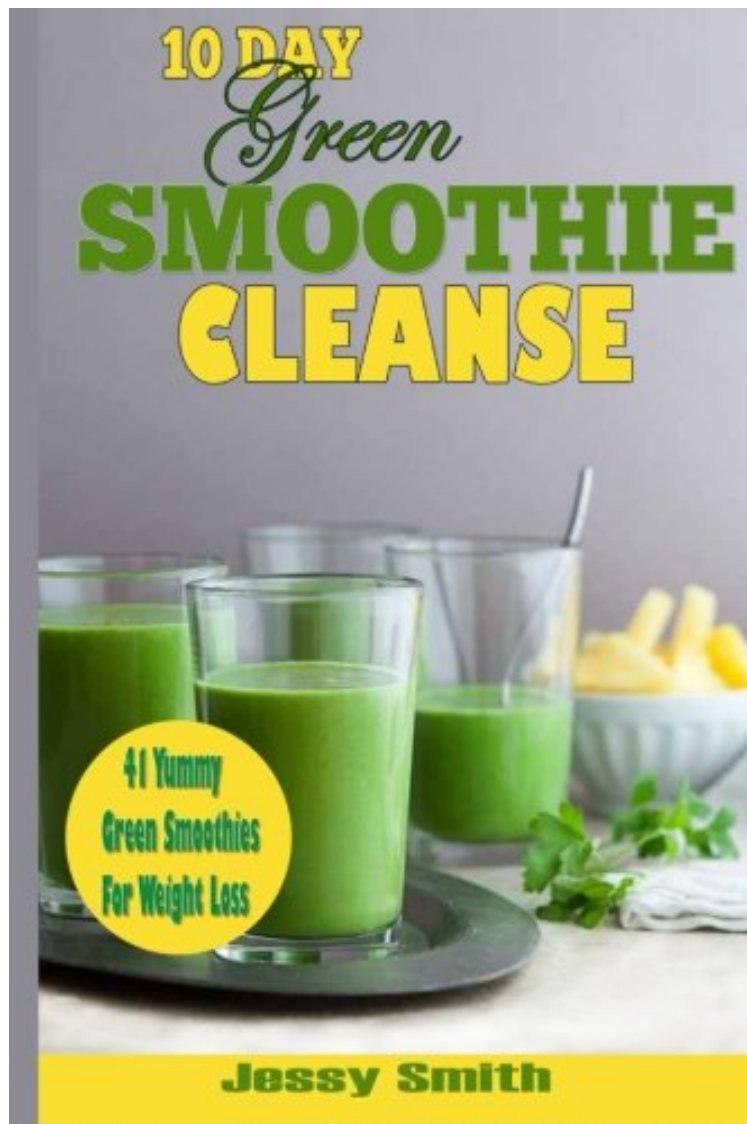


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10-Day Green Smoothie Cleanse: 41 Yummy Green Smoothies to Help you Lose Up to 15 Pounds in 10 Days! Lose Up to 15 Pounds in 10 Days with these Delicious and Healthy Smoothies! Recommended For Those on the 10-day green Smoothie Cleanse! The 10 Days Green Smoothie Cleanse is a Phenomenal Program created to help people lose weight in 10 Days. This program is so powerful and life changing, that it is proven to work for most people, who have tried it. 10 day cleanse + Healthy Green Smoothies= Fast Weight Loss + Improved Overall Health Drinking green smoothies is probably the highest-impact activity that you can undertake to improve your health and well-being by spending just 10 minutes a day. Jessy Smith has prepared some lovely and yummy green smoothies that would aid you through and after the 10 day green Smoothie Cleanse. Here is what yoursquo;ll get in this book! 5 Easy Ways To Save Money On Ingredients 8 Great Tips For Making Green Smoothies 41 Yummy Delicious Green SmoothiesEssential Tool For Making Smoothies hellip;and so much More! Scroll up and Download Your Copy Now!

About the AuthorI Highly Recommend This Book For Those on The Cleanse At first, I was Skeptical about getting this book, because there are lots of green smoothie cleanse recipe books in the marketplace. But I went ahead and got the book in paperback format, and I'm so happy I did, because the book promises and delivers. The green smoothie recipes are very easy to follow and the outcome is so delicious and healthy, also there are lots of information on blenders to use and how to reduce noise of most blenders, how to save money on ingredients when you are on the 10 day smoothie cleanse- these and lots of awesome tips I never knew before. I'm no longer lost on the smoothie to take on the 10 days cleanse, now that I have lots of options at my disposal. I have studied this book closely and I believe it is not authored by jj smith, but it sure have lots of healthy smoothies that are very much related to the 10 day green smoothie cleanse book by jj smith. I highly recommend this book for those on the 10 day green smoothie cleanse, who are looking for more smoothies to help them on the GSC program. Daniel Scott M.D Ashanti Hunt