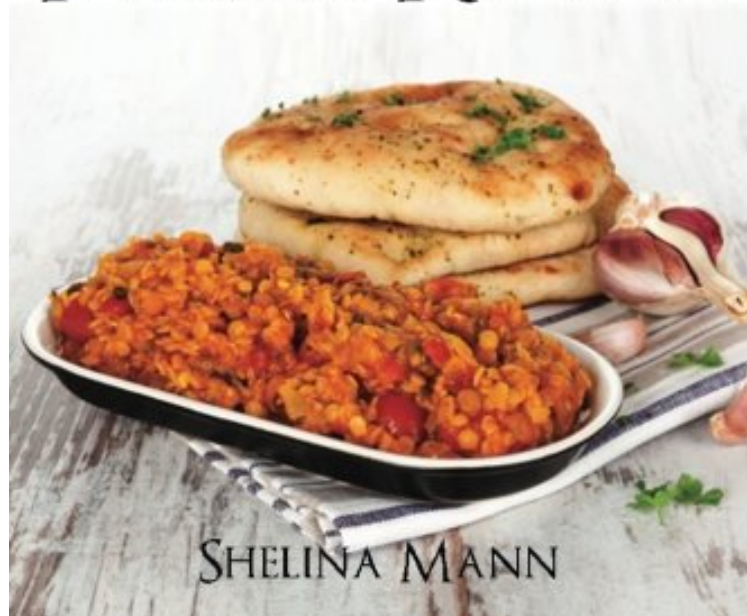


101 Gluten Free Indian Recipes

Shelina Mann

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Shelina Mann : 101 Gluten Free Indian Recipes before purchasing it in order to gage whether or not it would be worth my time, and all praised 101 Gluten Free Indian Recipes:

2 of 2 people found the following review helpful. Over 100 recipes - what more could you ask for?By AnneI absolutely LOVE Indian food, so I had to get this book. Now I already know how to make some staple Indian dishes, but I'm always looking for new recipes and this book is full of meals I can't wait to try, like the red chori curry...I've never made an adzuki bean curry before, so I'm pretty excited. I have a special weakness for Indian chutneys, so I was really pleased to see a whole section dedicated to them as well.0 of 0 people found the following review helpful.

Recipes could be more detailed. By M P It is okay, but it would be helpful if some of the recipes were more descriptive. For example, when it calls for one onion, one does not know if that is a small, medium, or large one. That can make quite a difference in the recipe. Overall, though, we have found many delicious recipes to try and enjoy. Most of the ingredients have been readily available. 3 of 3 people found the following review helpful. **Tops For Me.** By Jo Robinson I love this book! The recipes aren't trying to substitute wheat with products that end up tasting like cardboard. These will be enjoyed for what they are. I especially enjoyed using millet flour, and the roti recipe is fantastic. Best find for me so far.

Indian cuisine is perfect for people on a gluten-free diet. This book brings you the very best of Indian home cooked foods. You will find authentic recipes for every type of Indian dish from gluten-free bread, pickles, chutneys, snacks, desserts, salads, soups, curries and more. I've featured authentic dishes from all of the regions of India. You can take your palate on a tour of India with Shrimp Balcho from the seaside of Goa, to the North India Superstar Butter Chicken, the Ayurvedic Kitchari and savory Punjabi Salad to name a few. Enjoy preparing Gluten Free Indian Cuisine for your family, friends and yourself.