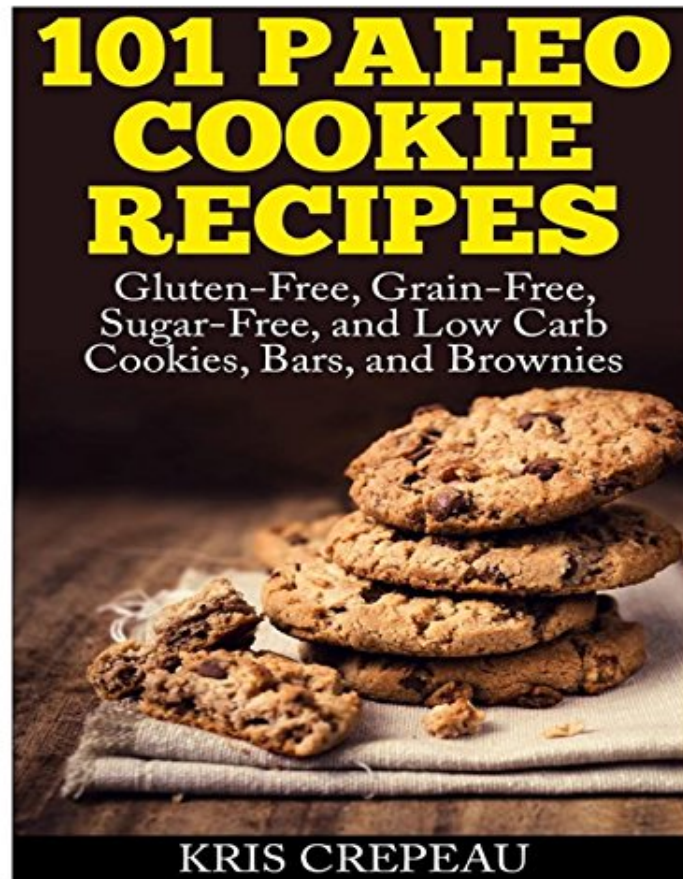


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## 101 Paleo Cookie Recipes: Gluten-Free, Grain-Free, Sugar-Free, and Low Carb Cookies, Bars, and Brownies

*Kris Crepeau*

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2 of 2 people found the following review helpful. Love these recipesBy EmilyI have read and reviewed a few paleo cookbooks and this one ranks up there with the others. I like how it is only about cookies and that the recipes are not only gluten free but also sugar free and low carb. Who knew cookies could be so healthy. I also especially like that the author gives the nutritional values for each recipe.One of my favorite so far is the coconut macaroons and having only 32 calories per serving seems to make it taste even more yummiierThis is a great recipe book for anyone...not just those

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You don't have to give up on desserts during the Paleo diet. You can still satisfy your sweet cravings with just a few tips and tricks and some basic baking skills. So it's time to put your apron on, get your ingredients ready and start baking the amazing recipes found in this book. They are all a mix of delicious and fairly healthy so you don't have to feel guilty for indulging on these cookies, bars or brownies. Just enjoy the process and find delight in the final result!