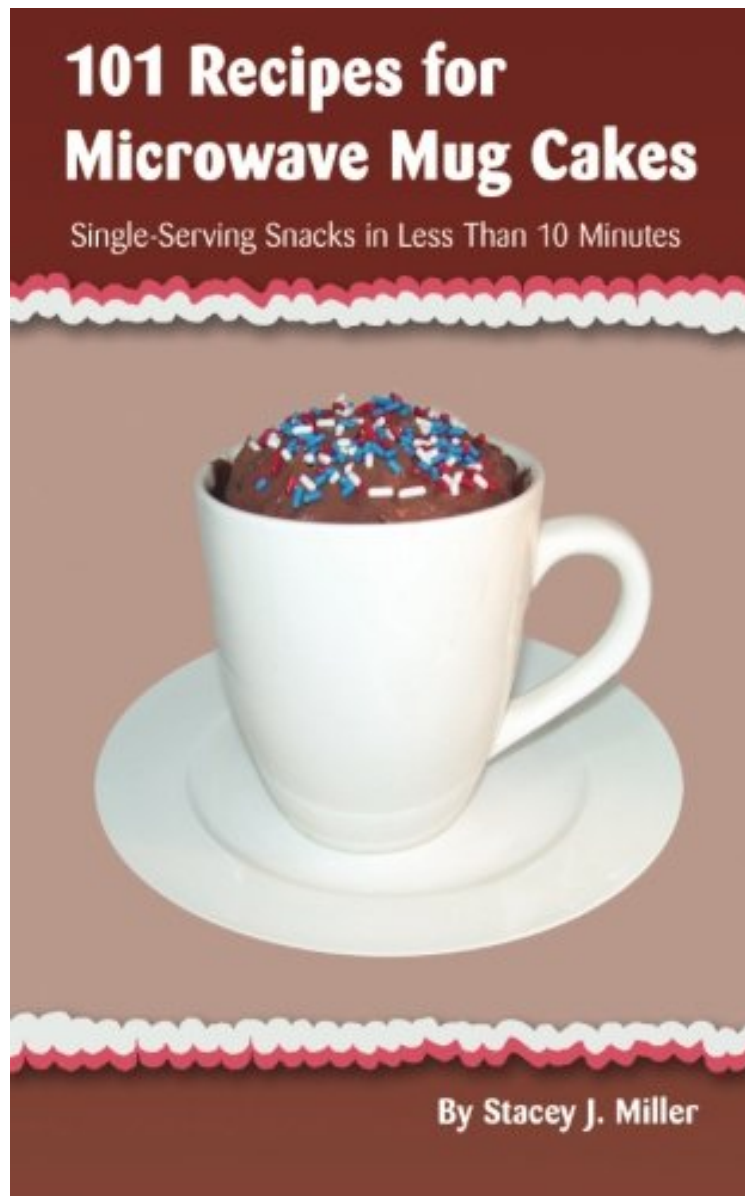


(Free pdf) 101 Recipes for Microwave Mug Cakes: Single-Serving Snacks in Less Than 10 Minutes

101 Recipes for Microwave Mug Cakes: Single-Serving Snacks in Less Than 10 Minutes

Stacey J. Miller

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Stacey J. Miller : 101 Recipes for Microwave Mug Cakes: Single-Serving Snacks in Less Than 10 Minutes before purchasing it in order to gauge whether or not it would be worth my time, and all praised 101 Recipes for

Microwave Mug Cakes: Single-Serving Snacks in Less Than 10 Minutes:

10 of 10 people found the following review helpful. Chocolate Mug Cake better than no chocolate in the evening
By Betty AnnI tested Chocolate Coconut Mug Cake. I used a 1 cup glass measuring cup instead of a mug. I used non-fat sour cream and made it once with a real egg and once with Kirkland (from Costco) egg substitute (99% egg white)- which worked okay for me. I also had to rotate it myself every 30 seconds or so because my microwave does not have a turntable. And one biggie: I live at an elevation a little over 5000 feet (which would have the effect of making it a bit lighter - if that is possible). It would have been better if I had some frosting for it. But my adult son and I concluded that something warm and chocolate was much nicer than not having something warm and chocolate. The gourmet who bones a duck is not going to like this. A mug cake is to a real cake like a scone is to a muffin. (In case you ever run into this question on your SAT.) Care must be taken not to over beat the flour because that makes it tough as well microwaves. I gave it three stars because it tasted 3 stars. (I will try it again.) I got the Kindle edition for 99 cents so I was not put out by the cost.I think this would be great for children! They are not very fussy and would have lots of fun making this.8 of 8 people found the following review helpful. MMC ingredients
By P. J. SlatessWhen you microwave cake, it changes the texture. If texture is important to you, keep looking.Many of the recipes use prepared foods for flavoring. MMC are fresh and homemade, but not what I would consider from scratch. Which is OK, if you normally keep on hand ingredients like: baby food (banana, carrot, pear), fruit juice (apple and orange), gelatin (cherry, grape, orange), pie filling (blueberry and cherry), pudding powder (butterscotch, coconut, pistachio), strawberry nesquick, and yogurt (lemon, raspberry, plain, peach). There are a lot of ingredients that kids like. Things that I don't normally have, especially baby food, or don't have the variety called for.The recipes have as many ingredients as from scratch and may leave you with open food products less a tablespoon. For me, collecting and mixing ingredients too time consuming; the whole point of microwave food is simple and fast.I like the book and it has lots of good ideas. But I'll be sticking with "my own" recipe for MMC. If you have never tasted microwave cake and aren't sure about buying this book, you may want to try it.Mix 4 Tbs cake mix, 1 egg, and approximately 1 Tbs of yogurt (plain or flavored).Spray large mug with cooking oil and fill with mixture.Microwave for about 3 $\frac{1}{2}$ minutes.Since microwaves vary, you will need to experiment with the time. It overcooks/burns very quickly.3 of 3 people found the following review helpful. Pretty impressive, even though I have to alter it to be gluten free
By TJJohnsonThis book is pretty awesome. I have bought several to give away as Christmas presents. I tested the book when it came in the mail to decide if should buy more. My own household is gluten free, so I substituted Bob's Red Mill all purpose gluten free flour for the regular flour it calls for. It worked well. I am impressed with the amount of different flavors of cakes. I think this is a fantastic gift for anyone who loves to bake but doesn't like to have a whole pan of brownies or a cake, this is just the perfect thing.

Need cake? Now you can bake a microwave mug cake just for yourself in 10 minutes or less. All you need is a microwave oven, a mug, a saucer, a mixing bowl, and a few simple ingredients. Microwave mug cakes-the ultimate single-serving snack!

About the AuthorStacey J. Miller learned at a very young age that, on days when nothing else goes right, she could always make herself feel better by cooking an easy meal or baking a quick dessert. When she's not in the kitchen, she's indulging in her day job. A book promotion specialist, Stacey founded S. J. Miller Communications about 20 years ago. She is based in Randolph, Massachusetts and is a mom to the three best cats on the planet.