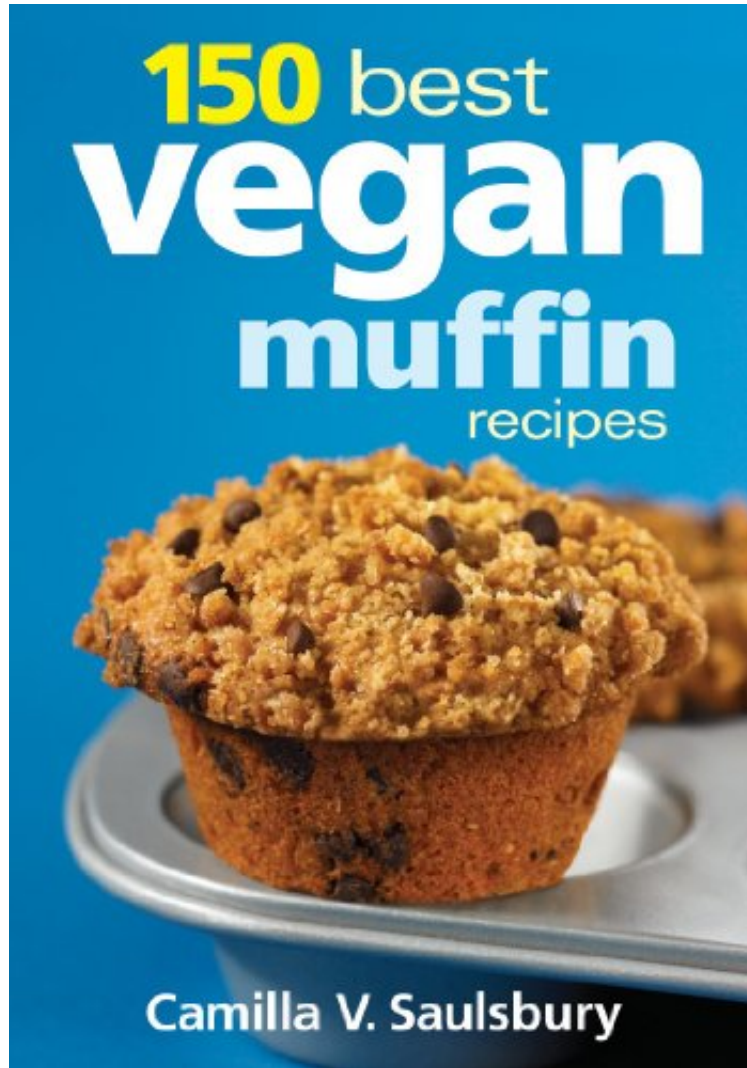


[Free] 150 Best Vegan Muffin Recipes

150 Best Vegan Muffin Recipes

Camilla Saulsbury

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Camilla Saulsbury : 150 Best Vegan Muffin Recipes before purchasing it in order to gage whether or not it would be worth my time, and all praised 150 Best Vegan Muffin Recipes:

3 of 3 people found the following review helpful. inventive, varied, and satisfying muffinsBy stipendousHaving already made forty of these recipes, I'm well on my way to cooking through the entire collection, which I've decided to attempt this year based on how much fun it's been coming this far. I do a lot of cooking and baking, and this collection of recipes has given more consistently solid results than I've found in most cookbooks. So far there's been one recipe I didn't particularly care for and second one I'd call a non-disastrous flop, but the remaining thirty eight recipes have all been delicious and well worth repeating, with a good handful yielding muffins definitely among the best I've ever had.

I love that there are satisfying versions of the classics as well as creative offerings inspired by various global cuisines, yet the ingredients are all relatively cheap and easy to come by, and many recipes can be made entirely of ingredients already on hand in any decently stocked pantry. I think this would make an excellent gift for a new cook as for a seasoned baker. The great thing about muffins is that they come together and bake up so quickly that even people who are very busy and/or lack the confidence that comes with years of experience in the kitchen can find the time to bake up something really delicious and eminently shareable- to send to school in a kid's lunchbox, to bring to a sick friend, share at a potluck, or donate to a local charity bake sale. These recipes easily defy the idea that vegan foods need be spartan or 'less-than' in any way. What you get are just wonderful baked treats everyone will love, regardless of whether they otherwise abstain from eggs and/or dairy or do not. Highly recommended.

1 of 1 people found the following review helpful. I loved them and so did my wife who is not ...
By S.Goheen I have only made one recipe out of this book so far (Banana Blueberry muffins). I loved them and so did my wife who is not vegan. I can't wait to make more!
0 of 0 people found the following review helpful. Buy it!
By Tamara Burrows I have used this cookbook repeatedly since purchasing it. Every muffin I have made has been so good! I recommend this book for every vegan who wants to create delicious, crowd pleasing muffins.

Enjoy these sumptuous vegan recipes that are easy to prepare and incredibly versatile. This undeniably delicious and varied assortment of vegan muffins will reassure anyone who has doubts about vegan baking. These muffins are easy to prepare simply by using readily-available ingredients like non-dairy milk, soy yogurt and ground flax seeds. These recipes are sure to please anyone, whether they follow a vegan lifestyle or not: Fresh Plum Muffins with Walnut Sugar Tops Chocolate Avocado Muffins, Jelly Doughnut Muffins Gingerbread Muffins, Morning Oatmeal Muffins Chickpea Muffins with Indian Spices, Cranberry Rye Muffins Carrot Cake Muffins, Spinach Basil Muffins Georgia Peach Muffins, Cardamom Orange Muffins Also included is everything that is needed for muffin mastery, including information on key vegan ingredients, a list of essential equipment and baking tips and advice. These family-friendly muffin recipes will delight the hungry at every time of the day -- from getting off to a great start to mid-afternoon snacks and even formal teas and showers. Both novice and experienced bakers will be hooked once they give these muffins a try -- tasting really is believing.

About the Author Camilla V. Saulsbury is a freelance food writer, recipe developer and cooking instructor. She has been featured on the Food Network, in the New York Times, on Today and QVC and has won several top cooking competitions, including the Food Network's \$25,000 Ultimate Recipe Showdown (cookies episode). Camilla lives in Nacogdoches, Texas.