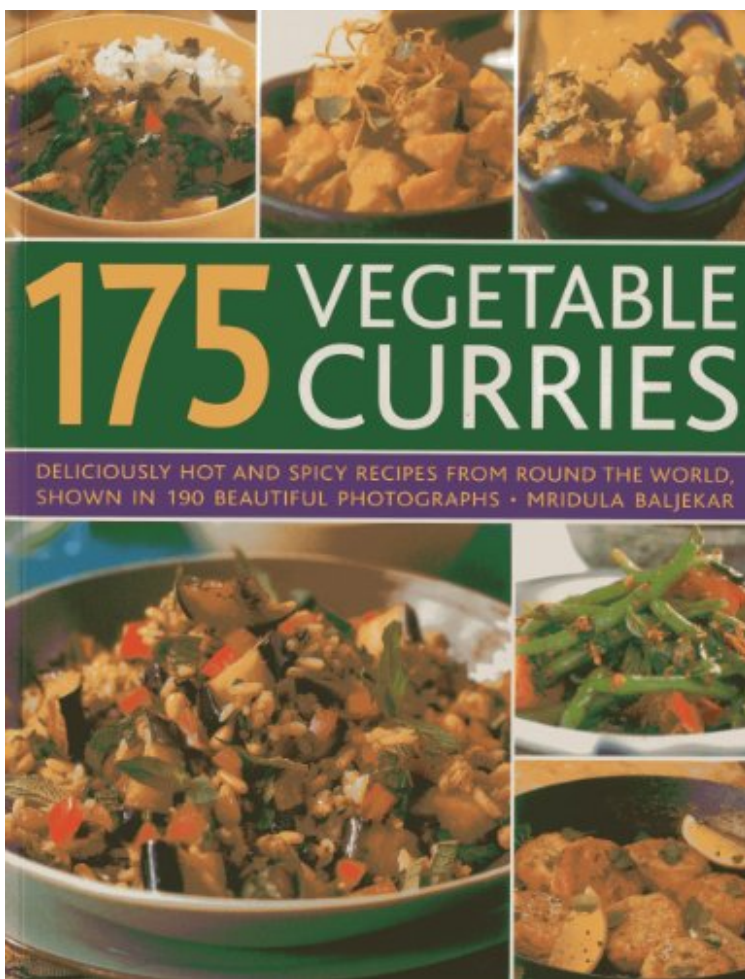


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Easy-to-follow vegetarian recipes with step-by-step instructions for creating wonderful, memorable curry meals from India and South-East Asia as well as the Middle East, Morocco and the Caribbean.

About the Author
Mridula Baljekar is the best-selling author of a number of Indian cookbooks, including *Regional Cooking of India* and *Vegetarian Cooking of India* (both published by Aquamarine), and *325 Hot Spicy Curries* (published by Southwater). One of her publications won the Gourmand World Cookbook Award in the category of Best Asian Cookbook in the World. She contributes regularly to various magazines and newspapers in the UK, Australia and her native India. Her website is www.mridula.co.uk.