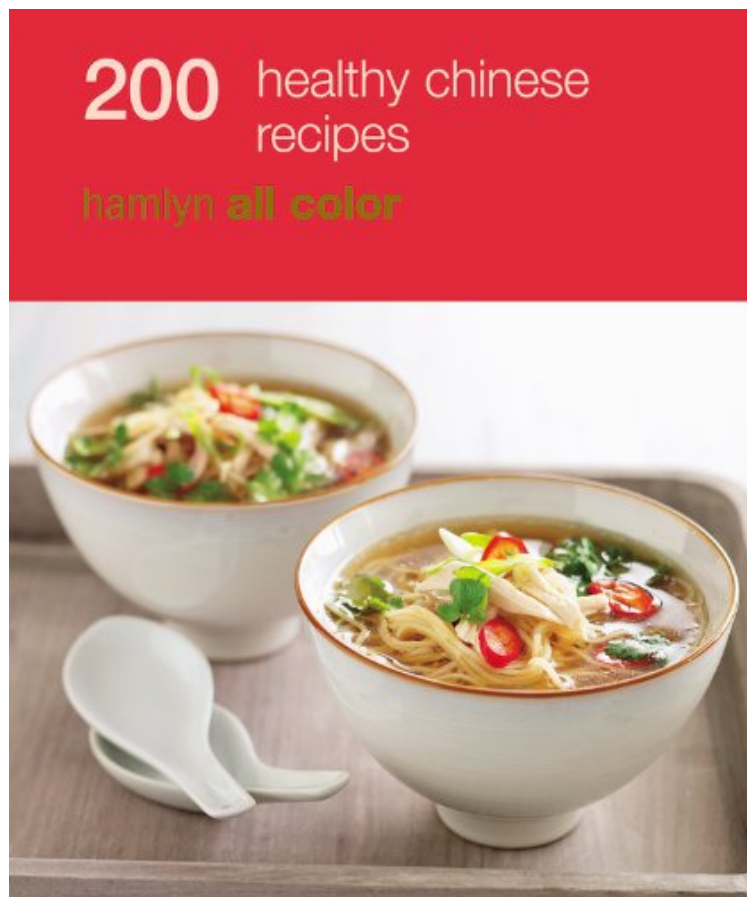


(Mobile ebook) 200 Healthy Chinese Recipes

## 200 Healthy Chinese Recipes

*Hamlyn*

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2 of 2 people found the following review helpful. Easy to follow By Jane Easy to follow and outstanding photography. Great suggestions when looking for inspiration for healthy and tasty meals. Happy to have this book.

Ditch the takeouts and make your very own fresh and healthy Chinese food instead. Learn to make all your favorite dishes, with recipes including Chicken Noodle Soup, Sweet Sour Pork and Singapore Chicken, and let your tastebuds be tempted by more unusual textures and flavors, as you choose from an exciting array of dishes, from Duck with Honey Lime Sauce to Peanut, Squid Noodle Salad, to Sesame Tuna with Spicy Noodles. With a wide range of dishes including broths, main courses, salads and snacks, you can enjoy Chinese cuisine at any time of day, in your own home, made the healthy way!