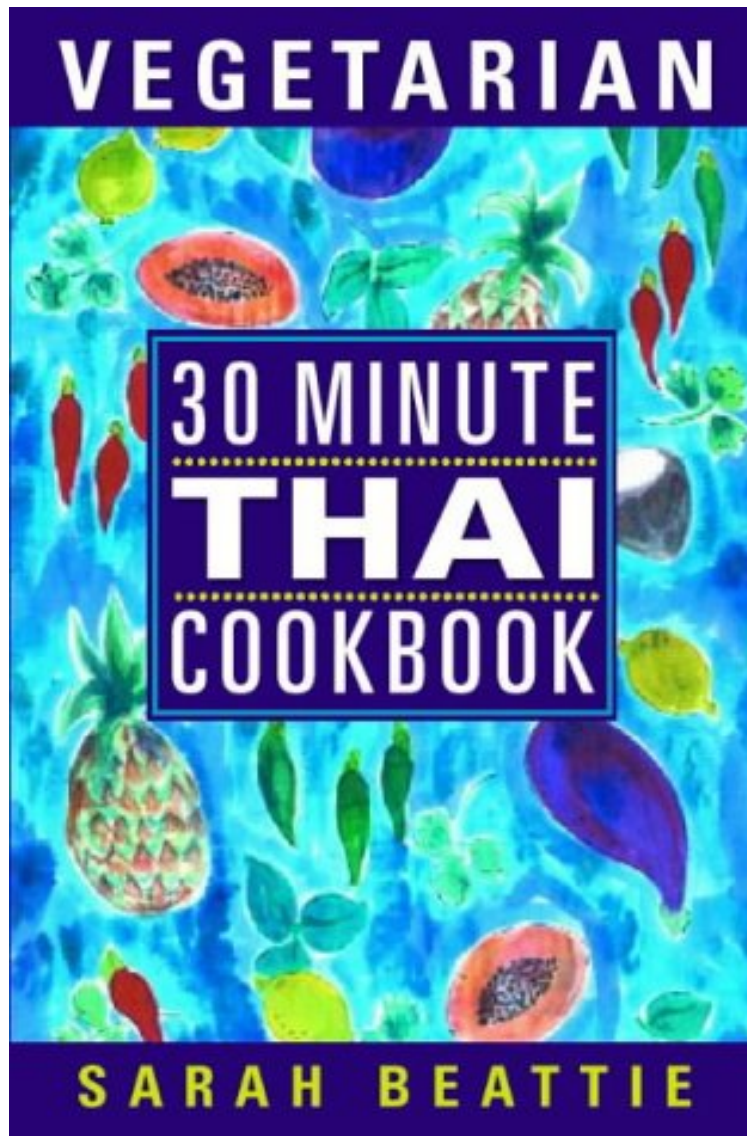


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## 30 Minute Vegetarian Thai

*Sarah Beattie*

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**Sarah Beattie : 30 Minute Vegetarian Thai** before purchasing it in order to gage whether or not it would be worth my time, and all praised 30 Minute Vegetarian Thai:

10 of 11 people found the following review helpful. an excellent recipe book full of the joys of foodBy A CustomerThis is an excellent book by someone who has obviously been to Thailand to research and to reconfirm a love of Thai cuisine. There is nothing worthy or earnest or preachy about THIS vegetarian food-writer; it's a beautiful edition (and the pages stay open where you want them) and as either an intro or a revisit to Thai food, it is easy to

follow, clear but always interesting.

This is a collection of over 100 fast and easy Thai recipes for vegetarians. Thai food is a combination of sharp and spicy flavours, coconut, peanut, lemongrass and citrus. Ingredients used are now widely available from supermarkets. These dishes can be made in 30 minutes.