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Janet Hunt

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Janet Hunt : 365 Plus 1 Vegetarian Puddings, Cakes and Biscuits before purchasing it in order to gage whether or not it would be worth my time, and all praised 365 Plus 1 Vegetarian Puddings, Cakes and Biscuits:

This cookbook features recipes using natural sweeteners such as concentrated apple-juice, raw cane-sugar, honey and carob. It is divided into several sections including pancakes, cheesecakes, winter puddings, flans and pies, and sweets from other cultures. These recipes are also suitable for the health conscious who wish to reduce their consumption of saturated fat and artificial additives without having to give up sweet things.