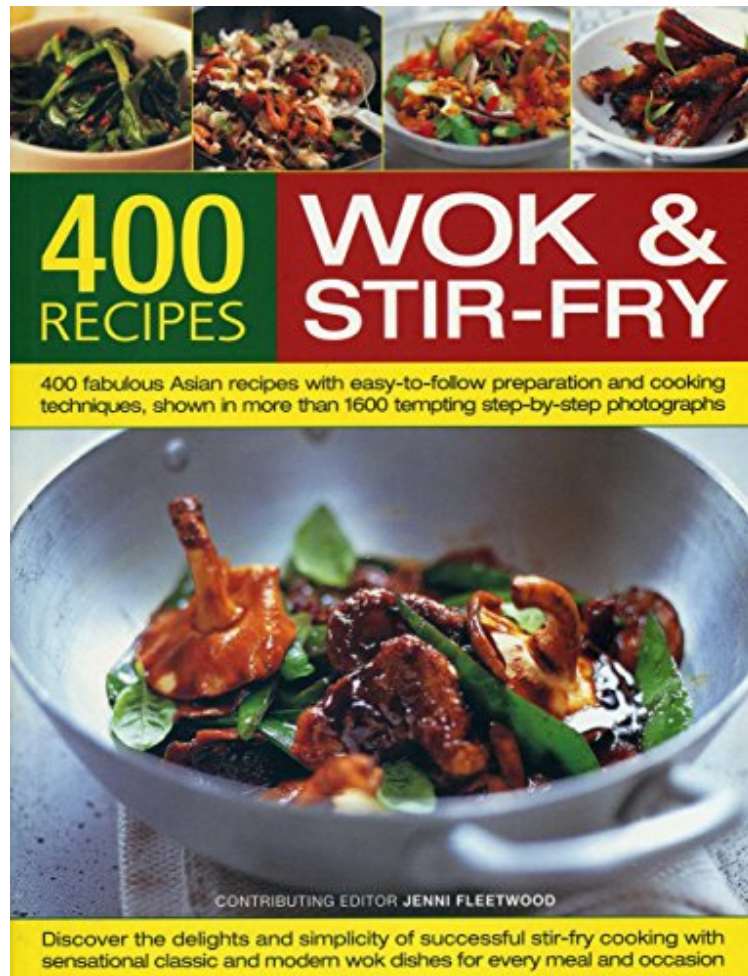


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## **400 Wok Stir-Fry Recipes: 400 Fabulous Asian Recipes with Easy-to-Follow Preparation and Cooking Techniques, Shown in More than 1600 Tempting Step-by-Step Photographs**

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granddaughter ...By CookieI have tried several recipe's from this cookbook. Very interesting to the palate as it is not the usual taste as an Asian Take-out or sit down Asian Restaurant dinner.This book contains recipe's for real Asian food, not American contrived Asian Food. I Mostly had problems with spices and ingredients that are hard to find in and around the local stores, including two very well stocked Asian food stores...sometimes having access to one ingredient and not another/others hampers and dampens getting really involved with many, many recipe's..... I did purchase, on-line, KIRFUR LEAVES----- to freeze,.... which by the way,was mailed from Thai Land.....(so my suggestion for things not found locally). This made a problem in as much as gathering to prepare.. and enjoy. ... It was frustrating. However, if one perseveres, either by internet or in their travels, one can experiment and enjoy a rather delightful cuisine. I must say, when I purchase this Cookbook for myself I was really delighted with so many flavors and tastes portraid. My adult granddaughter was also looking forward to embracing the recipe's.0 of 0 people found the following review helpful. Exceptional collection of recipes and beautiful layout.By L7auraExceptional collection of wok, stir fry, asian, thai, vietnamese, chinese, and non-asian, main, appetizer, and dessert recipes. Beautiful, full color photos accompany every recipe. I've ordered many cookbooks this past holiday season, but this one is probably my favorite. Highly recommend.2 of 2 people found the following review helpful. A Five- Stars smash!By John W. StaffordGreat book. I've referred to it often. It has it all: well written, dozens and dozens of color pictures, countless descriptions. How-to. How much. How long. It's great news. Just think of it as the opposite of Fox News! You'll love it.

The wok is one of the world's oldest and most versatile cooking implements - a perfect pan for all kinds of methods, whether stir-frying, steaming, braising or deep-frying. This volume provides a history of the wok, how to use and look after it, and offers guidance and advice on the implements and cooking techniques used in the recipes.