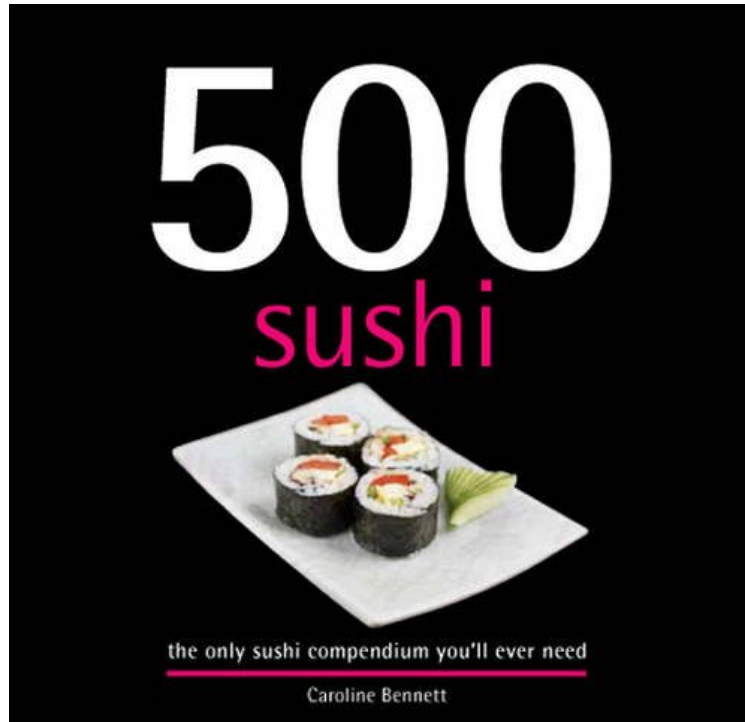


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500 Sushi Dishes

Caroline Bennett

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Caroline Bennett : 500 Sushi Dishes before purchasing it in order to gage whether or not it would be worth my time, and all praised 500 Sushi Dishes:

Prepared with seasoned Japanese sushi rice and tantalising combinations of fresh fish, shellfish, tofu and vegetables, sushi makes a deliciously healthy snack that can be enjoyed at any time of the day. Sushi may be familiar to us from Japanese restaurant menus, but have you ever considered making these flavoursome bites at home? With 500 Sushi now you can, as this collection of recipes will give you the confidence to choose fresh fish and other ingredients and fuse them into delicious combinations. From toppings and fillings to seasonings and accompaniments, this book will guide you through everything you need to know about making sushi at home.

About the Author CAROLINE BENNETT is the founder and Managing Director of Moshi Moshi, a highly successful UK sushi restaurant and Britain's most popular sushi bar. Caroline is a proponent of the ideals of simplicity, quality and artistry in sushi.