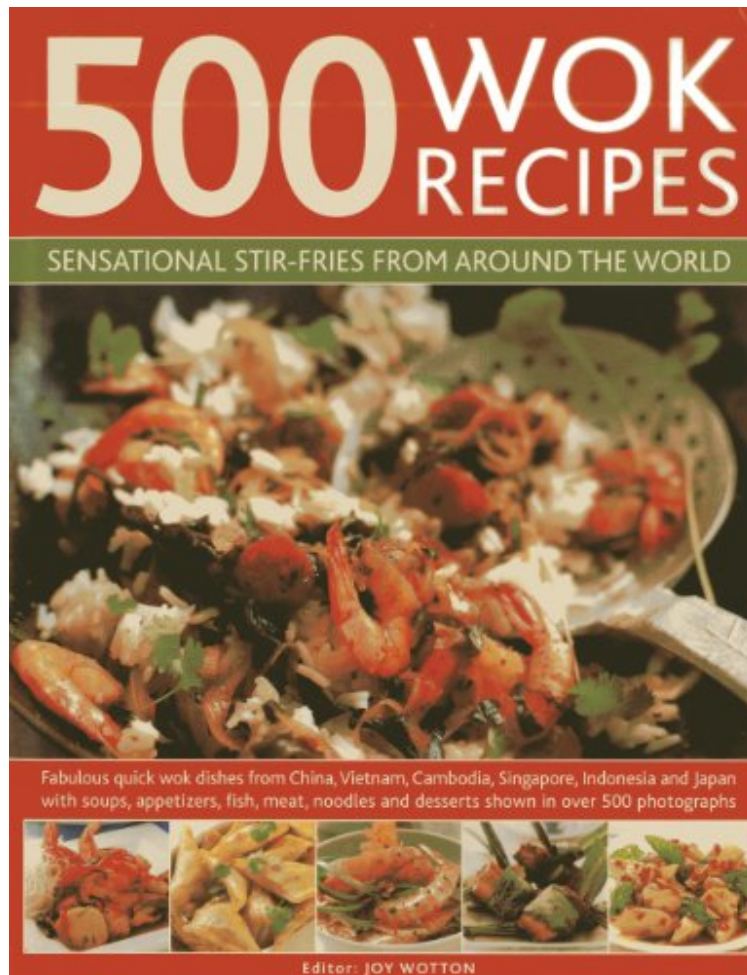


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## 500 Wok Recipes: Sensational Stir-Fries from Around the World

*Jenni Fleetwood*

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**Jenni Fleetwood : 500 Wok Recipes: Sensational Stir-Fries from Around the World** before purchasing it in order to gage whether or not it would be worth my time, and all praised 500 Wok Recipes: Sensational Stir-Fries from Around the World:

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Cooking with a wok brings out the best in fresh food, with many exciting taste combinations. The wok is ideal for

making all kinds of dishes, including crab sim with Chinese chives, special chow mein, and classic beef rendang. This book offers 500 failsafe wok recipes to enjoy, using techniques such as stir-frying, steaming, braising and deep-frying, and including snacks and finger food, soups, appetizers, poultry, meat, shellfish and fish, vegetarian main dishes, noodles, rice, salads and side dishes, and even desserts.

About the Author Jenni Fleetwood is passionate about cooking and entertaining, and has written many highly acclaimed cookbooks on world cuisines, including the food of Africa, Asia, the Middle East and the Caribbean. Jenni's other titles published by Lorenz Books include Honey, The 20-Minute Cookbook, 500 Main Courses, Clay-Pot Cooking and The Dinner Party Cookbook. For this new book she has compiled a collection of delectable recipes from a team of expert food writers.