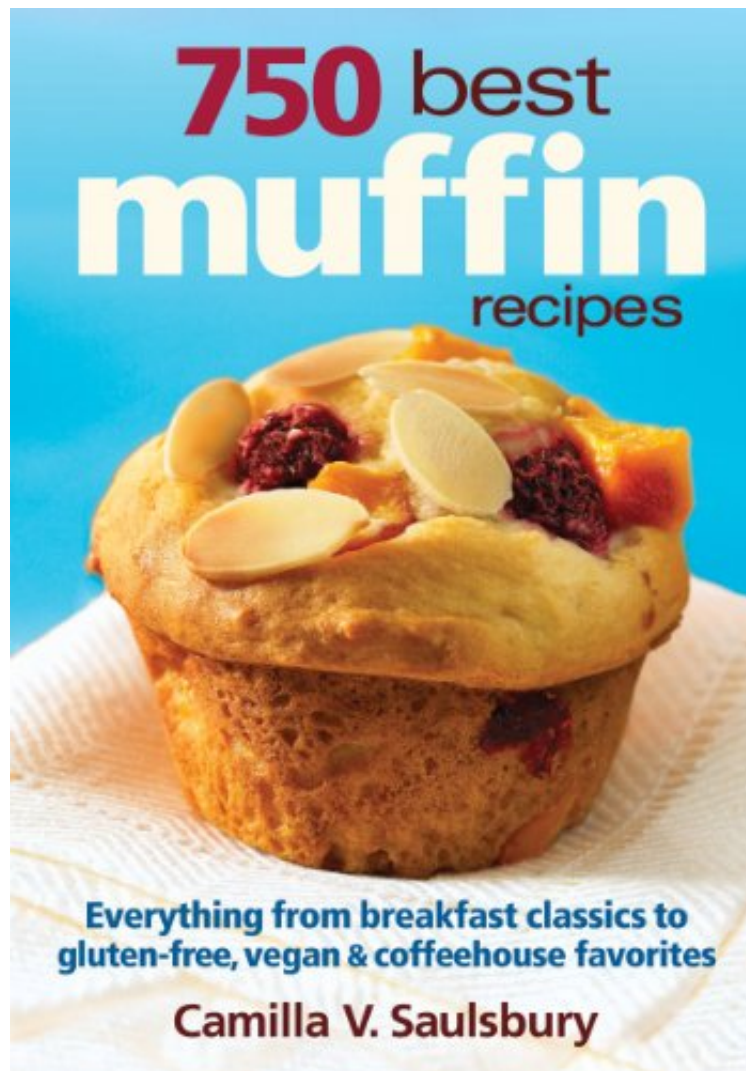


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750 Best Muffin Recipes: Everything from breakfast classics to gluten-free, vegan and coffeehouse favorites

Camilla Saulsbury

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Camilla Saulsbury : 750 Best Muffin Recipes: Everything from breakfast classics to gluten-free, vegan and coffeehouse favorites before purchasing it in order to gage whether or not it would be worth my time, and all praised 750 Best Muffin Recipes: Everything from breakfast classics to gluten-free, vegan and coffeehouse favorites:

21 of 21 people found the following review helpful. Magical MuffinsBy Martha McKinnon, Simple Nourished Living750 Best Muffin Recipes: Everything from breakfast classics to gluten-free, vegan and coffeehouse favorites by

Camilla V. Saulsbury is quickly becoming one of my favorite new cookbooks. And I'm not alone. (As I write this the book has a over 30 reviews on .com and they're all five stars.)It's full of a remarkable variety of both classic and creative muffin recipes from scratch. Once you begin baking muffins from this book, you'll never have to depend on muffins from a box again.Muffins are one of my favorite things to bake. They're a great choice whenever you get the urge to bake because they are so quick and easy.This is a wonderful cookbook for all levels of bakers. The instructions are clear and easy to follow. There are 24 pages of full sized pictures of the finished products to tempt you.All the muffins I've made so far have been extremely easy and turned out perfectly. Favorites to date include the best basic muffins, whole wheat applesauce muffins and Boston brown bread muffins. I can't wait to try the chocolate macaroon muffins, when I'm feeling decadent.750 Best Muffin Recipes begins with everything you need to know to master from scratch muffin making including information about key ingredients and essential equipment, as well as baking tips and advice. The author's writing style is warm and engaging.Chapters include:Top 25 Classic Muffins:Think basic muffins with straightforward flavors - blueberry, pumpkin and bran - for example.Breakfast Muffins: Over 80 recipes for muffins that are perfect for breakfast - granola muffins, oatmeal muffins, jelly doughnut muffins - and many many more.Coffeehouse Muffins: Decadent, special, indulgent and unexpected are words that come to mind to describe the muffin recipes that include caramel apple, blueberry streusel, orange marmalade, coconut almond joyful, pecan pie and cappuccino.Lunch and Supper Muffins: Recipes for savory muffins that make perfect accompaniments to soups, stews, chili and salads. If you think muffins are just for breakfast this chapter will change your mind. I can't wait to try the roasted pepper feta, Parmesan, herb and pesto and rye supper muffins.Farmer's Market Muffins: Recipes inspired by the local season produce found in farmer's markets are what you'll find here. The dozens of options include fresh gooseberry muffins, strawberry rhubarb muffins, chocolate basil muffins and kale toasted walnut.Global Muffins: This chapter is full of recipes for muffins with flavors from around the world such as rum and coconut, Scottish oat, golden olive oil, sesame ginger, tahini and linzer raspberry almond.Superfood Muffins: A collection of super healthy muffin recipes including cranberry multigrain, maple squash, zucchini oat and quinoa raisin. This is my favorite chapter so far.Gluten-Free Muffins: 150 recipes for gluten free muffins, both sweet and savory. Most are made with a gluten free flour blend made from brown rice flour, potato starch and tapioca starch that is included at the beginning of the book.Vegan Muffins: An extensive collection of vegan muffin recipes, both sweet and savory. Tasty options include applesauce raisin, raspberry vanilla, agave, rhubarb, banana, lemon polenta and blueberry.I think this is a terrific cookbook at a great price written by a gifted writer and recipe developer. I highly recommend it for anyone who wants to expand their muffin making repertoire.9 of 9 people found the following review helpful. Muffin Mondays have never been better!By BettyWith the proliferation of baking blogs, I was dubious that a muffin book was actually necessary. Why buy a cookbook when Tastespottting exists? But this book is definitely necessary for anyone with a deep love for muffins who is looking to branch out beyond the typical banana or corn muffins. Don't get me wrong, Camilla Saulsbury has some great recipes for classic muffins, but the real strength of this book lies in its variety. There are sweet muffins, savory muffins, gluten-free muffins, vegan muffins, and even a section dedicated to global muffins. With 750 recipes, there is truly a muffin for every season, every craving, every picky eater, every food allergy, every dietary restriction.My favorites so far have been the pistachio citrus muffins and the chocolate basil muffins. The latter is the perfect way to use up all your summer basil once you get sick of salads and pesto.I've been working my way through this book for Muffin Mondays at the office, with 10 down and 740 left to go. I'm not quite sure who loves this book more, myself or my coworkers.3 of 3 people found the following review helpful. FantasticBy ObserverI'm so pleased with this book. I own many baking books but I really enjoy baking muffins in particular and usually other cookbooks just don't contain all too many muffin recipes! I especially prefer vegan baking and this book provides an entire chapter of delicious vegan muffins -- as well as gluten-free muffins, if that is important to you. The recipes on their own are spectacular, although I sometimes tweak them to make them a big healthier and lighter (e.g. substituting half the oil for applesauce, using rice yogurt instead of dairy, reducing sugar, and so on). I have had excellent results every time! Most big recipe compilations like this are hit and miss because they're recipes that have been accumulated by the author from others and it's questionable as to how thoroughly they've been tested. I can say that that is thankfully not the case for this book. It also has more "meal"-type muffins, savory, ethnic (e.g., Indian), sweet, fruity -- you name it! So versatile. You'll never get bored! Apple, cherry, lemon, blackberry, banana, flax, chocolate, millet, cinnamon, corn, cheesey, caramel, bran, peanut butter, coconut, jalapeno, even meat: no grain, potential ingredient, or flavor combination goes unmentioned! Kudos to the author for including so many whole-grains! I guess sometimes the most wonderful cookbooks are those with the least hype. Would make a great gift, too!Just as an additional tip: to change things up, I alternate between my go-to regular muffin pan, Nordic Ware Muffin Pan - 12 cup Standard Size (heavy duty aluminum, made in USA - outstanding) used with If You Care Unbleached Large Baking Cups, 60-Count Boxes (Pack of 24); my "muffin top" pan, Chicago Metallic Non-Stick Original Muffin Top Pan; and my mini-muffin pan, Wilton Aluminum 24-Cup Mini Muffin Pan used with If You Care Mini Baking Cups, 90-Count Packages (Pack of 24). The variety keeps hungry fans satisfied. :)

The definitive collection of nutritious, imaginative and delicious muffin recipes. 750 Best Muffin Recipes offers a

tremendous number of recipes that deliver a wide array of flavors and options for any home chef. Expert baker Camilla Saulsbury goes well beyond just variations of blueberry and bran muffins. There are nine chapters of innovative recipes: Muffin classics Good morning muffins Decadent coffeehouse muffins Lunch and supper muffins Farmer's market muffins Global muffins Superfood muffins Gluten-free muffins Vegan muffins All the recipes are fresh and enticing -- clearly as much fun to make as they are to serve or eat. Here is just a sampling: Pumpkin-spice Mocha Stone-ground cornmeal Lemon-lime yogurt Whole wheat applesauce Sweet potato marmalade Maple bacon Cheese grits Peanut butter chocolate chunk Antipasto Pumpnickel Scallion, cranberry and horseradish Wine country grape Vidallia onion Maple-dried blueberry spelt Collard greens and garlic Home cooks will find a wealth of useful baking tips and techniques with clear instructions and simple steps for every recipe. This is the kind of cookbook that both beginners and experienced bakers will use endlessly.

If you are looking for a cookbook with rare and very original recipes, this is the book for you. (Simply Being Mommy 2010-12-03) In my last article I mentioned 14 healthy snacks for kids, one of which was homemade muffins. Beyond blueberry and bran muffins, I have found a book that offers an amazingly creative, tasty, and healthy variety of muffin recipes. This may very well be the only muffin recipe book you ever need: 750 Best Muffin Recipes. 750 Best Muffin Recipes is the definitive collection of muffin recipes! It offers an amazing variety of flavors and options covering many food preferences. The author, Camilla V. Saulsbury, is a freelance food writer and recipe developer. She has won several of North America's top cooking competitions, has made multiple appearances on the Food Network, and has been featured in the New York Times as well as many magazines. They are all easy to make and fabulous to eat! After we make a batch, we put a couple in a glass container in the refrigerator and we freeze the rest, to keep them fresh. When we want one we take it out of the fridge, refilling that container from the freezer when necessary. They will keep in the freezer for a long time. There are 750 amazing muffin recipes in the book and while I can't focus on them all, I wanted to at least mention the superfood muffins, since I think these would be great food options for kids: for breakfast, lunch bags, and snacks! Although there is no exact definition for what constitutes a 'superfood', it is often described as a food considered especially nutritious or otherwise beneficial to health and well-being. Wouldn't you love for your child to eat more of these items? I know I would! Here are two superfood muffin recipes from the book that your family is sure to love! Wouldn't you love for your child to eat more of these items? I know I would! This is an absolutely top-notch muffin recipe cookbook; the variety and uniqueness just blew me away! Here are a few other things that stood out to me: Color Photos: There are several gorgeous color photos of some amazing recipes! That's a great place to start when trying a new cookbook! Healthy: I was impressed by several of the categories that promote healthier living such as Farmer's Market Muffins, Superfood Muffins, Gluten-Free Muffins, and Vegan Muffins. Two units of measure: For each recipe, the measurements are in English units and metric. With such unique and gourmet recipes, you could find some wonderful muffin ideas to make for bridal showers, baby showers, or any other party or get together. I really love this book and was thinking that it would make a great gift for many people or occasions: Wedding: Most couples register for muffin pans on their gift registry. Wouldn't it be a neat idea for a gift to buy a muffin pan and this cookbook? Birthday: This would be a great gift for a fellow foodie, or for someone who is hard to buy for, or who already has everything! (Mama Wendy Parenting Tips 365 2011-01-26) As January's cold gray days drag on, my thoughts turn naturally to food. Wouldn't a steaming hot muffin go down well right now? If you're looking to add more healthy ingredients to your kids' diets, try out 750 Best Muffin Recipes. Author Saulsbury is also a fitness instructor and personal trainer, and in the cookbook she packs "superfood" ingredients into an array of irresistible, easy-to-make muffins, perfect for kids' breakfasts, lunch bags, and after-school snacks. (Carolina Parent Magazine 2011-01-17) Camilla Saulsbury knows a little something about food. The Texan holds a Ph.D. in sociology from Indiana University and specialized in food studies. Her doctoral dissertation was on the contemporary meanings of home cooking in American culture. A freelance food writer and recipe developer, she has won several of the top cooking competitions in North America, including the \$100,000 national chicken cook-off and Food Network's \$25,000 "Ultimate Recipe Showdown" for cookies. Her latest cookbook -- she's written 10 -- is titled "750 Best Muffin Recipes" (\$24.95, Robert Rose Inc., Toronto) is now available, and if you like muffins, you Her Superfood Muffins for Super-Healthy Kids include Quinoa Raisin, Blueberry Power and Flax Seed Morning Glory muffins. Those designed to be of particular nutritional value for women -- Superfood Muffins for Super Women -- include Olive Oil Citrus Muffins (which the author says also help to make you beautiful), Spiced Yogurt and Fresh Ginger Sweet Potato muffins. Besides the vast number of recipes, as the title promises, the book offers gluten-free and vegan muffins as well as muffins designed for health goals. Saulsbury is passionate about fitness and her recipes reflect that. The book is illustrated with numerous color photos, and the 500-plus pages feature good-sized, readable type. More important, of course, are the muffins. Here are a couple that got my attention. (Irv Dean Daily Gazette, NY 2011-01-13) A fun book. Almost everything can be put in a muffin -- according to this book. Breakfast muffins we all know and dessert, too. We don't have muffins to go on soup but there are plenty in this book to go along with soup. I'm looking forward to trying out the Pecan Strawberry Jam muffins with my home made jam. I love that they have Vegan and Gluten Free. One recipe I tried was vegan, but I didn't realize it until later when I thinking about the recipe and about how it didn't

have any eggs. They were delicious and not too dense. The global muffin section highlights recipes from all different countries. We even found a Hungarian Hazelnut Muffin. This is a very cool book. (Cookeati.com 2011-01-19) Quick and versatile, muffins can go from being a hearty and nutritious quick bread that can fill out a light meal of soup and/or salad, all the way to sweet and light -- something just this side of a cupcake. Most of the time, you can be as creative as you want if you are starting with a plain, basic recipe. Many will work quite well with the addition of fruit or nuts or even diced meats or shredded cheese. But if you're stuck for ideas, or you just really love to make muffins, you can't go wrong with a cookbook devoted entirely to the easiest of little quick breads. Camilla Saulsbury is a California food writer and recipe developer who has just published what has to be the definitive book on muffins: *750 Best Muffin Recipes: Everything from Breakfast Classics to Gluten-Free, Vegan Coffeehouse Favorites* (Robert Rose, \$27.95). Honestly, if you have this one on the shelf, you won't ever need to look for another muffin recipe source. (Wendy Burke Winnipeg Free Press 2011-01-19) Stand out feature: That anyone can think of 750 muffin recipes. Ask me and I'm stumped after Banana Walnut and Morning Glory. Who'll love it: Muffin fans. The gluten-free section is large enough to make this worthwhile to those who can't eat wheat. If you try one recipe: Chocolate Basil. Yes, you heard right. Chocolate Basil. (Charmian Christie Christie's Corner 2011-01-01) Quick and versatile, muffins can go from being a hearty and nutritious quick bread that can fill out a light meal of soup and/or salad, all the way to sweet and light--something just this side of a cupcake. Most of the time, you can be as creative as you want if you are starting with a plain, basic recipe. Many will work quite well with the addition of fruit or nuts or even diced meats or shredded cheese. But if you're stuck for ideas, or you just really love to make muffins, you can't go wrong with a cookbook devoted entirely to the easiest of little quick breads. Camilla Saulsbury is a California food writer and recipe developer who has just published what has to be the definitive book on muffins: *750 Best Muffin Recipes: Everything from Breakfast Classics to Gluten-Free, Vegan and Coffeehouse Favourites*. Honestly, if you have this one on the shelf, you won't ever need to look for another muffin recipe source. (Wendy Burke PostMedia News 2011-04-25) Honestly, if you have this one on the shelf, you won't ever need to look for another muffin recipe source. (Wendy Burke Winnipeg Free Press 2011-03-16) About the Author Camilla Saulsbury is a food writer and recipe developer who has written 10 cookbooks. She is the brand ambassador for Pepperidge Farm puff pastry and has won several of America's top cooking competitions, including the \$100,000 National Chicken Cook-Off and the Food Network's \$25,000 Ultimate Recipe Showdown (cookies episode). She lives near Houston, Texas.