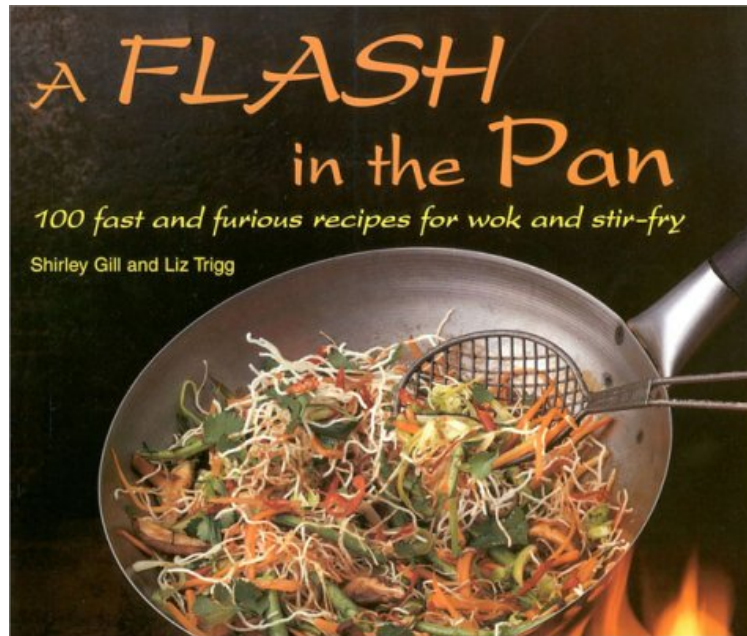


[Pdf free] A Flash in the Pan: 100 Fast and Furious Recipes for Wok and Stir-Fry

# A Flash in the Pan: 100 Fast and Furious Recipes for Wok and Stir-Fry

Shirley Gill

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**Shirley Gill : A Flash in the Pan: 100 Fast and Furious Recipes for Wok and Stir-Fry** before purchasing it in order to gage whether or not it would be worth my time, and all praised A Flash in the Pan: 100 Fast and Furious Recipes for Wok and Stir-Fry:

1 of 1 people found the following review helpful. Bad purchaseBy Just MeI researched books to go with a whole wok set up as a gift. I thought the reviews on this book were great and paid way too much for a useless book. The ingredients are not for the average kitchen or even reasonably stocked Asian kitchen. My kitchen is well stocked for regular wok and Asian cooking. But the ingredients in this book were way off my radar. Look elsewhere if you want a book to pull out for fun, easy, or even creative cooking. These recipes will require you to go to an Asian market for things you wouldn't normally want or eat.4 of 4 people found the following review helpful. great intro to oriental cookingBy A CustomerI have purchased this book a few years ago after a few not too successful attempts at oriental-style cooking.The book is wonderful in the fact that it covers techniques, gives tips and explains main details of stir-fry and wok cooking for people who are not necessarily great chefs and/or have not learned oriental cooking in their mother's kitchen. It is also important that it gives recipes from all over the Orient, and does not concentrate on just one cuisine, allowing for variety that was very enticing to me, as a beginner home chef at the time.The recipes are wonderful, easy to prepare, and very satisfying to both, eyes and palate. The dishes lend themselves to presentation at casual dinners or luncheons with friends, or an intimate dinner with a significant other (cooking these together is a lot of fun!). The book is written for the average person, and does not contain strange unexplained terminology or unexplained names of styles that confounded the younger me in many more "serious" cookbooks.I would definitely recommend this to anyone who would like to learn the basics (and more!) of oriental cooking without specializing into

one cuisine. If you are already a pro, this book can still provide plenty of ideas and inspiration. 2 of 2 people found the following review helpful. A Flash of Delight In its Own Right By Okay This is my most favorite stir-fry cookbook. I love the way this book is organized. It is wonderful to have the introduction chapter address equipment, fresh produce, herbs and spices, flavoring ingredients, and techniques for preparation and frying. The step by step food preparation guides are helpful and the color photographs are beautiful. This presentation makes it easier for anyone who may be new to wok cooking and helpful for long-timers. There is a beautiful full-colored photograph for each dish. If you love stir fry recipes and wok cooking that has a strong essence of imagination, great taste, a sundry of uses (casual and for company) this is a "must have" for your collection. Enjoy, you will not be sorry!!! Great job Shirley and Liz!!!

The easy-to-follow step-by-step format shows you how to whip up 100 fast and delicious dishes in virtually no time. With a wok and some inspiration you can create sizzling appetizers, snacks, family meals and sumptuous suppers.