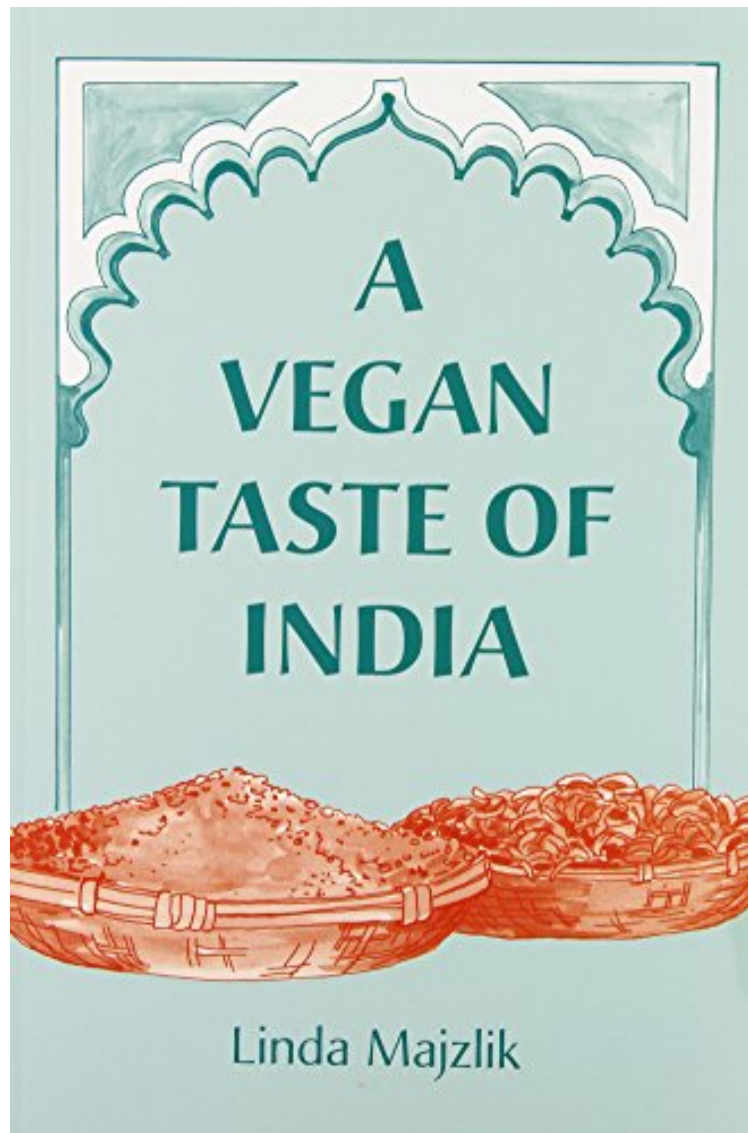


(Mobile ebook) A Vegan Taste of India (Vegan Cookbooks)

## A Vegan Taste of India (Vegan Cookbooks)

*Linda Majzlik*

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**Linda Majzlik : A Vegan Taste of India (Vegan Cookbooks)** before purchasing it in order to gauge whether or not it would be worth my time, and all praised A Vegan Taste of India (Vegan Cookbooks):

2 of 2 people found the following review helpful. Great Vegan Book! But don't look for Traditional Recipes By Marquita Dorsey Wilson Great vegan cookbook!!! Easy recipes, easy to follow, available ingredient especially if you live near an Indian grocery. Some recipes are nontraditional but just as tasty. Americans don't panic when you see aubergine (eggplant) courgette (zucchini) which are readily available. I'm still not a big fan of soy milk. I preferred

almond milk which can be used interchangeably with the desserts. There isn't an index which is why I only gave it 4 stars. That can be a headache when you need a quick reference. I repeat alot of recipes are not traditional but they're still tasty. For example: There isn't a recipe for palak paneer (tofu) and the recipe for mattar paneer is ok. The bean and lentil recipes are great!!!0 of 0 people found the following review helpful. Great AuthorBy PuppyThese books are really great, however they don't have an ingredient index or pictures. Still good books, I have one of her books from almost every region.50 of 65 people found the following review helpful. whole series terribleBy A ReaderI ordered four vegan cookbooks from this author (Italian, Mexican, Indian, Caribbean). I hate them all. First off, they are small and contain few recipes. Half the recipes they contain are for items I either wouldn't cook from scratch (tortilla's) or are so basic they are found in every other cookbook on my shelf (tomato sauce).Next, the books are from the UK so you better know how much a dessertspoon is, what "hard vegan cheese" is, as well as know what an aubergine or courgette is. There is no glossary or nutritional information given in any of the books for any of the recipes.But by far, the most irritating feature of this author and her books is her love of nuts. No matter what cuisine the book is suppose to be about, the recipes are filled with nuts....walnuts, filbernuts, hazelnuts, etc. It would be fair to say that at least 2/3'rds of the recipes in each book contain nuts. In the Italian book 7 of 8 recipes in one chapter contain nuts! I've eaten in many an Italian restaurant and not once have I ever had a dish with walnuts in it. This woman is nuts for nuts.So, even at the low price, I cannot recommend these books to anyone, especially those with nut allergies.

- Part of the Vegan Cookbook series, which includes Vegan Baking (1897766637), Vegan Barbecues and Buffets (1897766556), Vegan Dinner Parties (1897766467), A Vegan Taste of Italy (1897766653), A Vegan Taste of Mexico (1897766718), and A Vegan Taste of the Caribbean (189776670X)

About the AuthorLinda Majzlik is the author of Vegan Barbecues and Buffets, Vegan Dinner Parties, and A Vegan Taste of the Caribbean.