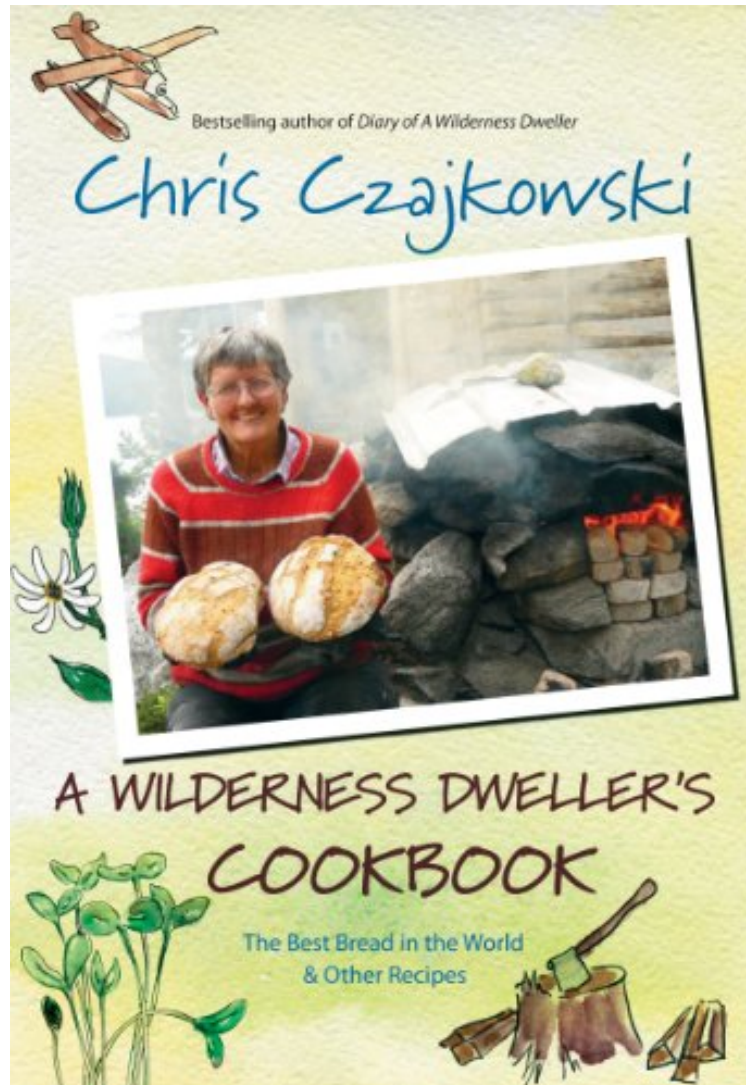


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A Wilderness Dweller's Cookbook: The Best Bread in the World and Other Recipes

Chris Czajkowski

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Chris Czajkowski : A Wilderness Dweller's Cookbook: The Best Bread in the World and Other Recipes before purchasing it in order to gage whether or not it would be worth my time, and all praised A Wilderness Dweller's Cookbook: The Best Bread in the World and Other Recipes:

One of Chris Czajkowski's first priorities when she arrived at Nuk Tessli, a remote location in BC's Coast Mountains,

was to devise a way to bake bread. At first, she lived in a tent and her oven was a simple pile of rocks with a hole in the middle. But as she built her wilderness cabins and started providing for the clients of her wilderness adventure business, she perfected her stone oven and her recipes--and word began to spread of Nuk Tessli and the "Best Bread in the World." From tangy sourdough loaves of freshly ground grain, Nuk Tessli Fruit Bread sweetened with hearty molasses and aromatic spices, to Montreal bagels with an alpine touch, here are inspiring, adventurous recipes that bypass the bread machine. Also included are quick breads and desserts, like a hearty trail mix cake--perfect on a hike--and Nuk Tessli's enigmatic spotted dick, plus a few indispensable recipes for any wilderness dweller (or frugal urbanite), such as fresh yogurt and sprouts. A Wilderness Dweller's Cookbook is not just a collection of recipes; it's also a fascinating account of how a wilderness dweller--in a non-growing climate 20 km from a road, 60 km from a store, and 250 km from a town large enough to have a supermarket--feeds herself and her guests. Of particular interest to readers with their own wilderness dreams will be Czajkowski's descriptions of the logistics of getting wholesome, fresh food to the table in this remote and spectacular location

About the Author Chris Czajkowski was born and raised in the north of England. She lived and worked in Uganda, New Zealand, the South Pacific and South America before settling in the remote reaches of British Columbia's Coast Range mountains, 480 kilometres north of Vancouver, where she created the Nuk Tessli Alpine Experience, an ecotourism business catering to hikers and naturalists. She has written ten books about her nearly thirty years of wilderness living, including *Snowshoes and Spotted Dick: Letters from a Wilderness Dweller*, *A Mountain Year: Nature Diary of a Wilderness Dweller*, *A Wilderness Dweller's Cookbook: The Best Bread in the World and Other Recipes* and most recently, *Ginty's Ghost: A Wilderness Dweller's Dream*.