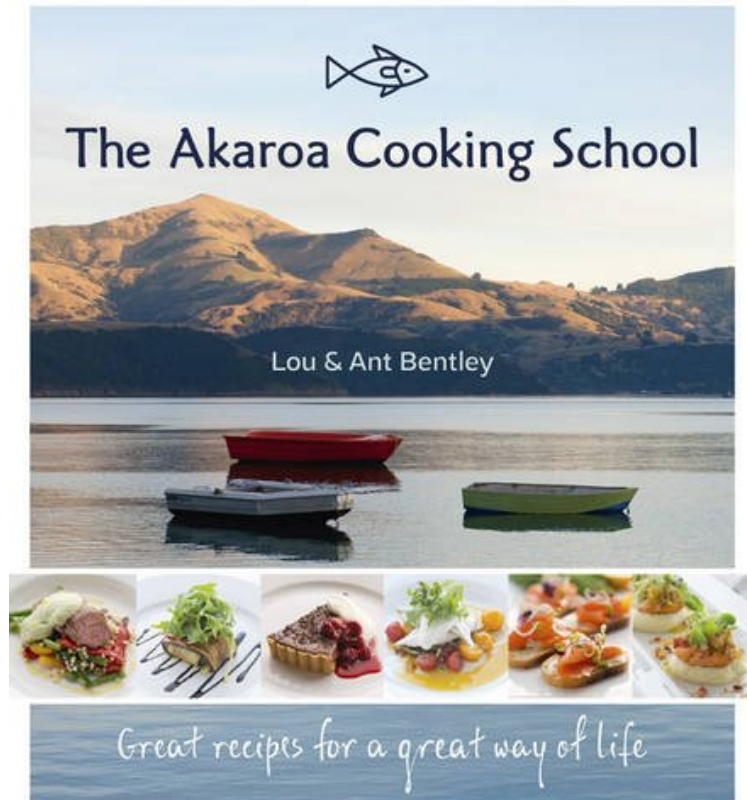


Akaroa Cooking School

Ant Bentley, Lou Bentley

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Ant Bentley, Lou Bentley : Akaroa Cooking School before purchasing it in order to gauge whether or not it would be worth my time, and all praised Akaroa Cooking School:

Beautiful food from a beautiful place - recipes and food philosophy from a little outpost of France in stunning New Zealand location. Ant and Lou Bentley gave up the corporate rat race in London to realise their dream of running a cooking school in beautiful Akaroa in NZ's South Island. Here they share their story, their recipes and their food philosophy, with ravishing photography to match their ravishing location. French settlers arrived in New Zealand in 1840, and eventually established a settlement in Akaroa on Banks Peninsula that remains a small slice of France to this day, reflected in many local placenames and an enduring culinary tradition that the authors are proudly continuing. The Bentleys have based the book on their highly successful cooking school which focuses on 18 styles of cuisine using local and seasonal produce. The recipes are a combination of classical, international and fusion cuisines,

beautifully illustrated and road-tested by the school's many satisfied customers. <http://www.akaroacooking.co.nz/>