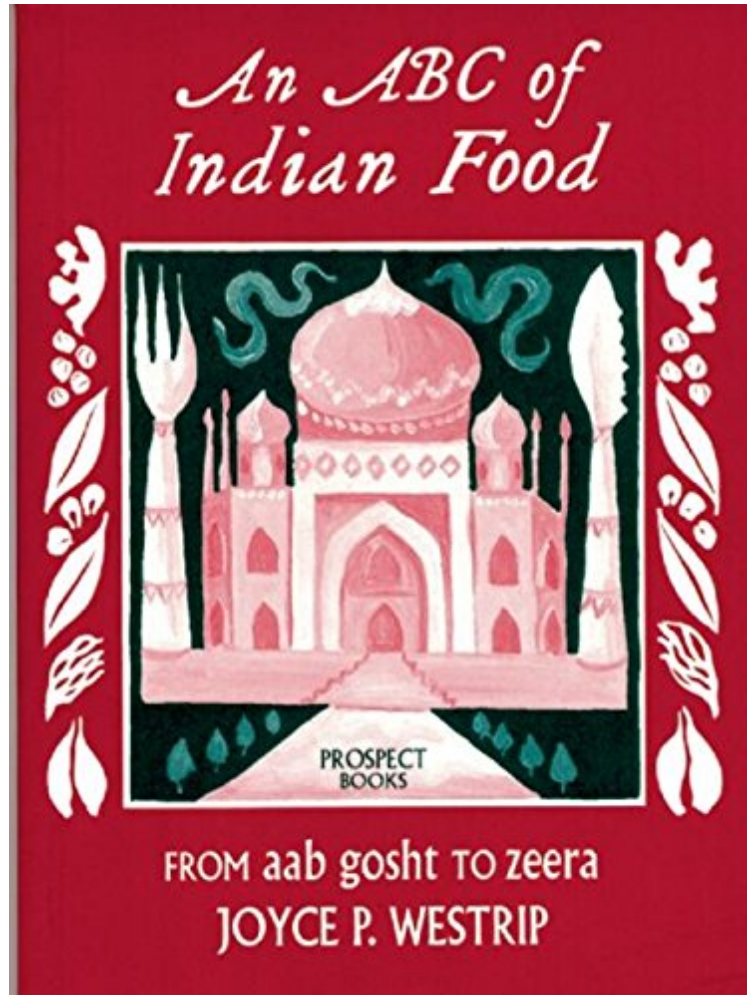


(Free download) An Abc of Indian Food

## An Abc of Indian Food

Joyce Westrip

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**Joyce Westrip : An Abc of Indian Food** before purchasing it in order to gage whether or not it would be worth my time, and all praised An Abc of Indian Food:

1 of 1 people found the following review helpful. Excellent in a limited scope, but not completeBy Rajeev D. MajumdarI have had my eye on this for a while, but perhaps my mind was focused on the title and the description on the back of the book, which does not 100% represent the book correctly. Rather, the Book Description on does "...this is a wordlist of Hindi (and some regional) terms for food and dishes throughout the sub-continent." The Book should rather be called "An ABC of Hindi Food Terms." It is a well laid out glossary, that will just fit in your pocket, and covers a wide-range of commonly used Hindi food terms (and other food terms from other regions adopted by Hindi). So, it will do, if you are traveling in a Hindi speaking area or Mughal (and even Panjabi) style restaurants throughout the world. It will not work so completely with other areas of India. For example the book lists Batakh for "duck", but

some 300 million people would use Haas instead (Bihar, Bengal, Orissa, the North-east, etc.), and likewise the books lists Gosht for "meat", but not Mangsho. That being said, the book does a good job, is printed well, easy to use and points out regional terms for specific items, like Kashmiri Apples or regional sweets, which I liked. This author has two more books, which focus on specific cuisines, which I find quite alluring: Fire and Spice: Parsi Cooking (which I just got and hope to review soon), and Moghul Cooking: India's Courtly Cuisine. Any author that delves into specific cuisines does good work- this is reflected in this book, in the indexes in the back- organizing the food by types (meats by body part, grains, fruits, dairy etc.)

An ABC of Hindi food terms, perfect if you are travelling in a Hindi speaking area, or throughout the sub-continent. With a well laid out glossary, it is essential company when going to the market, restaurant, or food store. Travellers and enthusiasts of Indian food will come to rely on it. Joyce P. Westrip was born in India and has spent a lifetime travelling the country, cooking the food and studying the food history.

About the Author Joyce Westrip was born in southern India in 1929, moved to England in 1947 and now lives in Perth, Western Australia. Fascinated by Indian history and culture, she is a regular visitor to the subcontinent and a collector of rare Indian cookbooks. She has presented radio and television programmes on Indian cooking as well as giving talks and classes on the subject. She is the author of Fire and Spice: Parsi Cookery, Moghul Cooking: India's Courtly Cuisine and An ABC of Indian Food, and was awarded the Medal of the Order of Australia in 2000 for her work promoting cultural links between India and Australia.