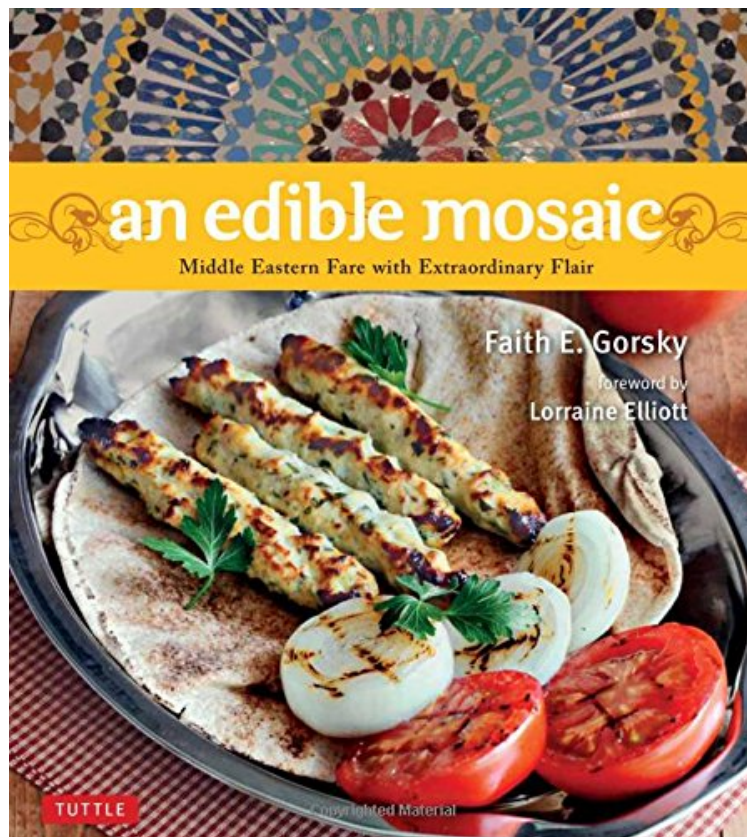


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An Edible Mosaic: Middle Eastern Fare with Extraordinary Flair [Middle Eastern Cookbook, 80 Recipes]

Faith E. Gorsky

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Faith E. Gorsky : An Edible Mosaic: Middle Eastern Fare with Extraordinary Flair [Middle Eastern Cookbook, 80 Recipes] before purchasing it in order to gage whether or not it would be worth my time, and all praised An Edible Mosaic: Middle Eastern Fare with Extraordinary Flair [Middle Eastern Cookbook, 80 Recipes]:

12 of 12 people found the following review helpful. A Must HaveBy GenevieveI finally had the pleasure to thumb through this book today, after many long months of waiting! I have followed Faith's blog at [...] since she began writing it. Like her blog, her first cookbook will not disappoint.Not only are Faith's recipes incredibly delicious, they are also easy to follow. Many of you might think that Middle Eastern cuisine isn't for you, or maybe you think it is just too hard to cook. Well, I'm no master chef myself, but following the recipes in this book might make you feel like one! I have served several of Faith's recipes to my family, and many of them have become popular requests! Lastly, Faith has beautiful pictures for just about every recipe in her book.I highly recommend this book to any and everyone. Whether or not you are familiar with Middle Eastern cuisine, this cookbook is a must-have for every kitchen!0 of 0 people found the following review helpful. Delicious!By F.A.Every recipe we've tried has turned out wonderfully, and

many are accurate representations of the food family members remember from Damascus. The recipes are a combination of quick and more time-consuming projects, as traditional ethnic recipes often are. Instructions are clear, and include some adaptations for the modern kitchen (e.g. a food processor instead of a mortar and pestle). Great addition to our cookbook library! If you're looking for a Syrian cookbook, this is one of the best available at the moment.⁷ of 7 people found the following review helpful. Authentic and Delicious RecipesBy CookShopEatI bought this book because I do follow Faith's blog (which I love...great recipes) and because I grew up eating Middle Eastern food and always love to explore it further. These recipes are authentic remind me so much of how my Mom cooked. What I didn't expect when I bought this book was what a great read it was! Faith's stories are well written and interesting.

Cook vibrant and healthy dishes with this accessible Middle Eastern cookbook. When Faith Gorsky married her Middle Eastern husband, she married more than just the man. She found herself introduced to a fascinating culture and cuisine that would forever change how she experienced food and cooking. Faith's mother-in-law took her under her wing and in 6 months gave her a thorough course in Middle Eastern cooking that became the basis for her popular website, An Edible Mosaic. The growth and success of her website and her own developing interest led to more trips to the Middle East, deepening her knowledge of the cuisine which she shares in An Edible Mosaic. In her new cookbook, Faith imparts her favorite Middle Eastern recipes, recipes anyone can make with a little work and some help from Faith! Her love for the cuisine of her husband's homeland shows in her enthusiasm for these dishes and the awareness that food is more than just a means of sustenance for the people of the Middle East—it lies at the epicenter of their gatherings with family and friends. Delicious Middle Eastern recipes include: Parsley Salad with Bulgur Wheat (Tabbouleh) Creamy Chickpea and Yogurt Casserole (Fetteh) Mashed Fava Beans with Olive Oil, Lemon Juice, and Garlic (Foul Mudammas) Ground Chicken Kebabs (Kebab Dajaj) Sumac-Spiced Chicken (M'sakhkhan) Upside-Down Rice Casserole (Maqluba) Date-Filled Cookies (Ma'amoul) And many more... The only traditional way to prepare authentic Middle Eastern food is to watch cooks in action. Nothing is written down, there are no cooking times, few enumerated steps, and certainly no measurements. With An Edible Mosaic the secrets of Arab and Mediterranean cooking become simple and demystified.

"prepare to salivate. It's guaranteed anytime you look at Faith Gorsky's An Edible Mosaic blog or leaf through her new cookbook. After marrying into a Middle Eastern family, she more than embraced the culture; she found a new way to express herself by learning how to cook its vibrant food and making it all her own." —Carolyn Jung, James Beard Award-winning food writer and creator of FoodGal.com blog "Sharing authentic Middle Eastern recipes designated for the modern cook, Faith's passion for both the culture and food is positively contagious. Her compelling prose make each new combination of flavors all the more irresistible, so even the uninspired will find themselves compelled to start cooking as soon as the crack open An Edible Mosaic. Providing plenty of vegan recipes throughout, as well as many options to convert more traditional preparations into allerg-friendly dishes, there's a menu in here for every sort of eater to enjoy." —Hannah Kaminsky, author of My Sweet Vegan and Vegan Desserts "An Edible Mosaic nudges the basic cook into the world of Middle Eastern cooking with simple, approachable recipes that jump off the page and into your kitchen. Faith turns creative combinations of real food and spices into beautiful dishes packed with flavor and nutrition." —Kath Younger, KatEats.com blog "All in all, An Edible Mosaic gives you the information and inspiration you need to start exploring Middle Eastern cooking at home with confidence." —Bob's Red Mill Natural Foods "An Edible Mosaic includes over 100 authentic Middle Eastern recipes, countless beautiful photographs, tips that will make all the difference in your dishes, prep techniques, and very informative explanations on the exotic ingredients and techniques of Mid-East cuisine. The recipes were mostly taught to Faith by her mother-in-law, Sahar. Faith then took that knowledge and demystified the exotic ingredients, tools and techniques and made them very approachable. Even if you are a complete beginner you will feel Faith's gentle hand guiding you along the way to creating a successful Middle Eastern dish or feast." —HonestCooking.com blog "This book gives general Middle Eastern recipes... It is a beautiful book with very easy to follow recipes." —Crafty Moms Share blog About the Author Faith Gorsky fell in love with Middle Eastern cuisine when she spent six months living in Damascus. Her Syrian mother-in-law, who happens to be a master cook, was a willing teacher and patient guide. During the past six years, Faith has visited the Middle East four different times, each time expanding her passion and knowledge for both the cuisine and culture of the region. Combining her love for writing and cooking, Faith started her successful and wildly popular food blog, An Edible Mosaic (www.AnEdibleMosaic.com) and in two years has built a following of fans that love both her food and her writing. She cooks, writes and lives in Upstate New York.