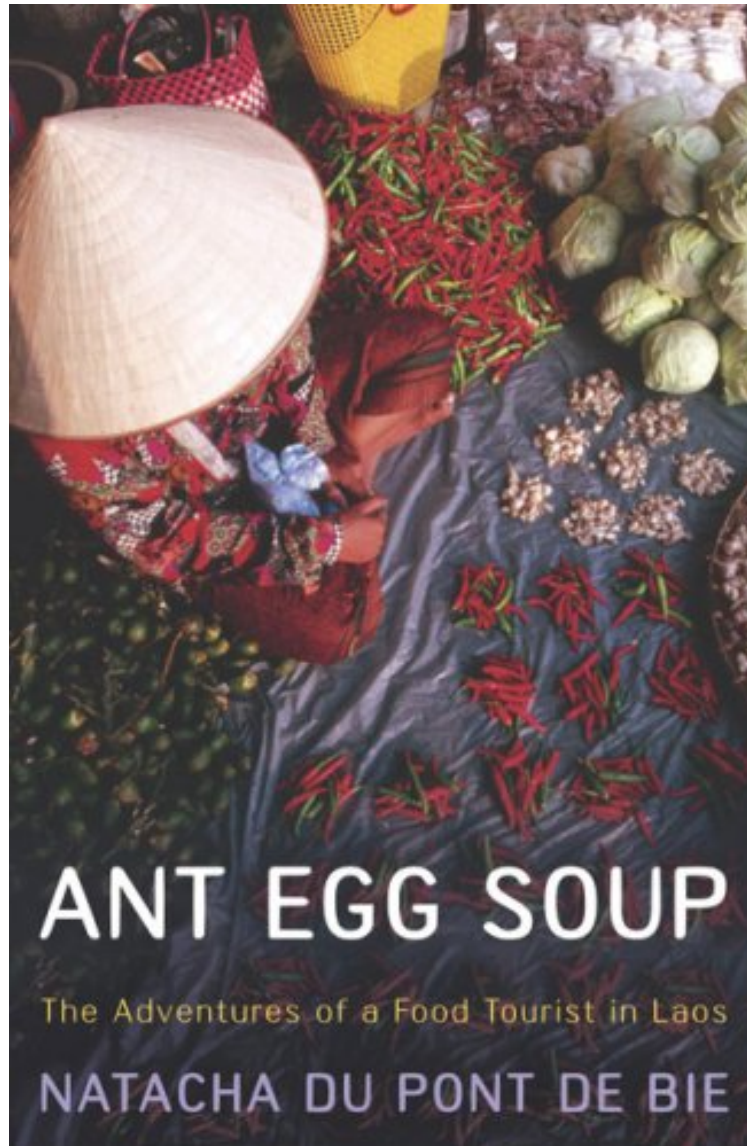


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Ant Egg Soup: The Adventures of a Food Tourist in Laos

Natacha Du Pont De Bie

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Natacha Du Pont De Bie : Ant Egg Soup: The Adventures of a Food Tourist in Laos before purchasing it in order to gage whether or not it would be worth my time, and all praised Ant Egg Soup: The Adventures of a Food Tourist in Laos:

1 of 1 people found the following review helpful. Good Book.By Shana NokhamThis book was a pretty interesting read and kept my interest through its entirety. I have the attention span of a fly, but was able to read it continuously on a 4 hour flight. There were some things that irked me about the editing, but that is rather minor. Some of the spellings

were not consistent or phonetically correct, in my opinion as a Lao person. Also, she called Lao people "Laotians," which I'm pretty sure, is not the correct term. Otherwise, I enjoyed the book, especially the history of Laos and its people. I probably will not try the recipes though, since I grew up on "Americanized" Lao food, i.e., with more meat and less fish/frogs/veggies. Plus, I have my mom and grandma. Bottom line, I would recommend this book. 0 of 0 people found the following review helpful. Five Stars By Parker23se Interesting book if interested in Laotian food. 0 of 1 people found the following review helpful. Fascinating viewpoint By Barbara Bennett The author loves food and loves Laos, which really helped me in a recent bike trip through the country. I followed her guidance and tried a few foods I would probably not have tried otherwise, such as kai pen (dried river weed with tamarind and sesame), pa dek (a seasoned fermented fish sauce containing chunks of dried fish), and laap pa (a spicy mixture of chopped, marinated fish) all of which became favorites. Her book also helped me forge a more intimate connection with the country and people that deeply enriched by travels. She is very adventurous and nearly fearless. I loved experiencing Laos and Lao food through her narrative.

Natacha Du Pont De Bie is no ordinary tourist. She'll trek for hours or even days in search of a good lunch. Ant Egg Soup is the result of her adventures in Laos, the stories of the people she met, the places she visited and, of course, the amazing food she tasted. Drinking raw turkey blood with herbs in a tribal village, cooking Paradise chicken in a little guest house by the Kung Si waterfalls, and sampling fried cricket during the Festival of the Golden Stupa are just a few examples. Funny and refreshing, with recipes and line drawings, Ant Egg Soup will awaken the senses while redefining the art of travelling and eating abroad.

Luscious ... her descriptions are so vivid you will want to rush off to the nearest oriental market' -- Sunday Business Post 'A charming portrayal of the people, the places, and of course the food of Laos' -- Western Morning News About the Author Natacha Du Pont De Bie has worked as a production assistant for a film company, a waitress, an usherette, a cameraman's personal assistant, a seamstress in a costume hire firm and as a tea lady - all by the age of 23. After holding proper jobs at Elle Decoration and House Garden, Natacha swapped the cramped office environment for freelance styling for films and commercials. She is now a committed Food Tourist.