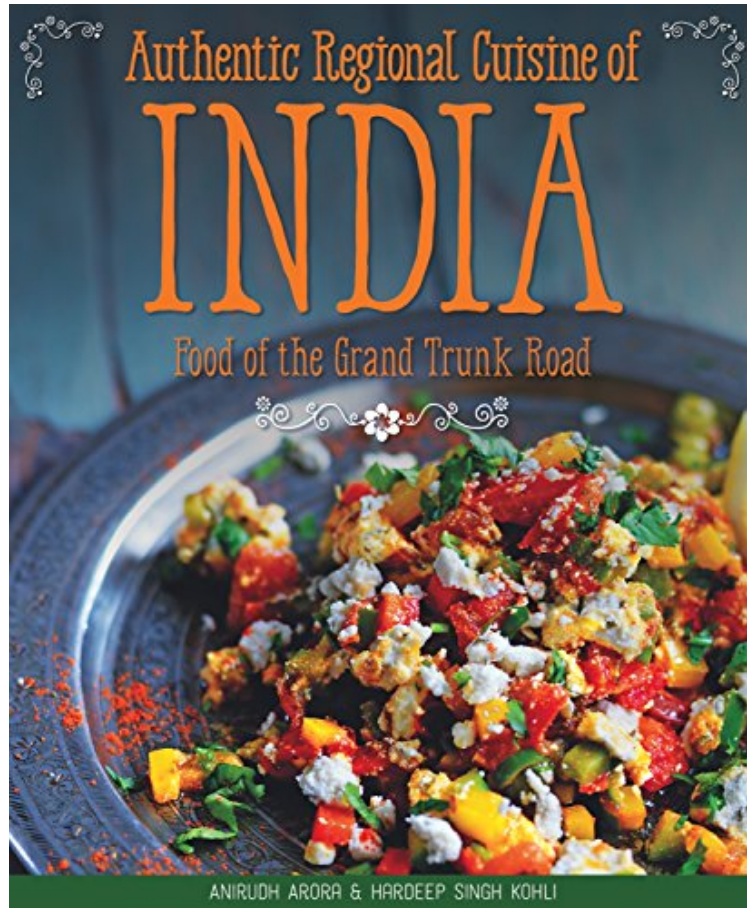


Authentic Regional Cuisine of India

Anirudh Arora

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Anirudh Arora : Authentic Regional Cuisine of India before purchasing it in order to gage whether or not it would be worth my time, and all praised Authentic Regional Cuisine of India:

The Food of the Grand Trunk Road follows Hardeep Singh Kohli s travels along this age-old route, starting in Calcutta, linking with Lucknow, Aligargh, and Dehli before curling north into the Punjab region of India. The book is an intoxicating look at the food, culture, and traditions that have sprung up along this route, with recipes that reflect the eating traditions of the real India. In addition, it presents a beautifully illustrated history of the road since its emergence as India s first route for traders.

hellip; a fascinating insight into the food, culture and traditions that have sprung up along this route, promising recipes that reflect the eating traditions of the real Indiahellip; an exciting reflection on real street food that brings to life the vibrancy, diversity and tradition of the real Indiahellip; a fascinating combination of travel and cookery bookhellip; A

book with the wow-factor In the maelstrom of cookbooks that flood the shelves at Christmas time, there's one we've identified that stands beyond the others, embracing a heady mix of travel, history and culinary adventure... an eye-opening look at Indian food About the Author Hardeep Singh Kohli is a British writer and radio/television presenter. His most recent venture has been his one-man show The Nearly Naked Chef, a mixture of stand-up comedy and cookery, which won critical acclaim at the Edinburgh Festival. Anirudh Arora is head chef at Moti Mahal, a relaxed Indian restaurant in the heart of London's West End.