

# Bake Your Own Bread And Be Healthier

*Floss Stan Dworkin*

*ebooks | Download PDF | \*ePub | DOC | audiobook*

 Download

 Read Online

#1937865 in Books 1973-01-01PDF # 1 #File Name: B000NR94P2 | File size: 56.Mb

**Floss Stan Dworkin : Bake Your Own Bread And Be Healthier** before purchasing it in order to gage whether or not it would be worth my time, and all praised Bake Your Own Bread And Be Healthier:

3 of 3 people found the following review helpful. My first bread book!By D. UmphressI got this book used, at a school booksale in '75, as it had a lot of whole grain recipes for me to use (I belonged to a co-op back then), and used no white sugar in recipes. White flour, some, but a lot of 100% whole grain recipes, and one I use to this day - potato rye. Also found tips I see in most books to this day, like the spraying of the breads to enhance crust, and that honey almost (not quite, but takes a long time) prevents mold from forming on bread. This, and another early bread book (The Complete Book Of Breads) got me so into baking bread, that I haven't bought bread since '76 (only due to an accident, and I couldn't make it). I still have this book SOMEWHERE, but I have so many other bread books now, it would be hard to find. If I had gotten the latest bread book I bought back then, instead of this simpler book, I may have been overwhelmed by all the information, though I love reading all that stuff now.2 of 2 people found the following review helpful. A Bread Primer, for beginners and experts alike!By T. C. RouzerThis may have been the very first bread cookbook that I ever bought and it is one that I cherish to this day. You WILL have success making your own bread using this book! The clear directions and many tips on how to keep your breadmaking simple make this little book a jewel. After working my way through the recipes, I began to teach my friends and neighbors how to make bread, which led to bread classes in my home, which led to several years of making homemade bread to sell at a local farmers' market. Years later, I still make bread every week, still enjoy the making, and share my breads with family and friends - all because of this book. Thank you, Stan and Floss!3 of 3 people found the following review helpful. ...

guide to making bread and it is still my favorite! If you want to learn how to make ...By Susan SchwakeThis book was my first guide to making bread and it is still my favorite! If you want to learn how to make bread - this is he way! Bought in 1977 and again for both daughters in 2012 Timeless!

Bake Your Own Bread And Be Healthier [Paperback] [Jan 01, 1973] Floss Stan Dworkin ...