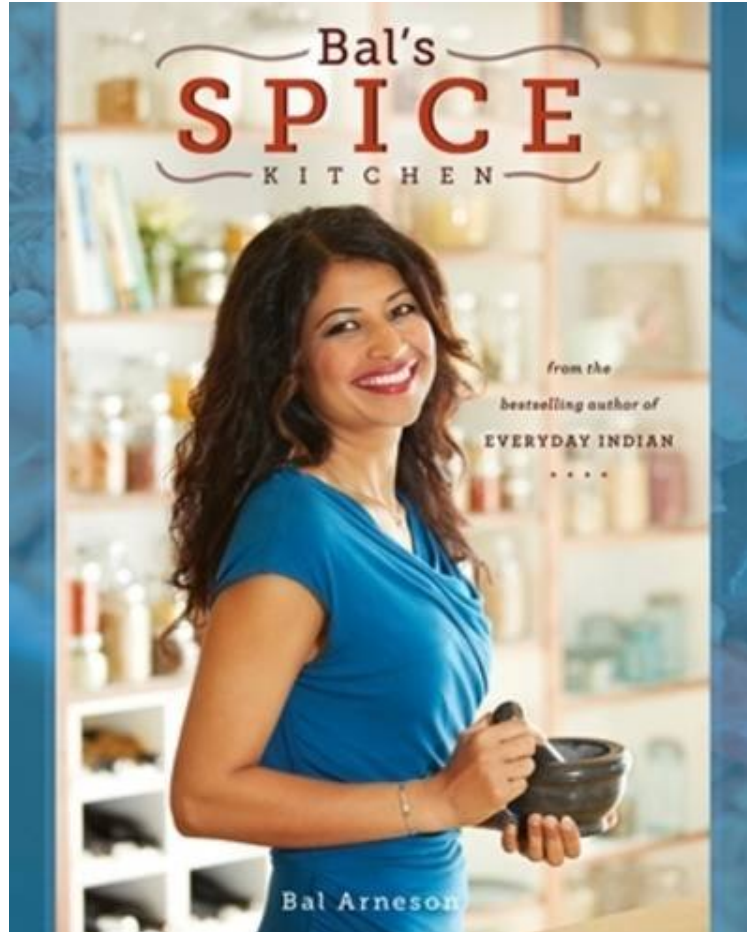


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Bal's Spice Kitchen

Bal Arneson

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Bal Arneson : Bal's Spice Kitchen before purchasing it in order to gauge whether or not it would be worth my time, and all praised Bal's Spice Kitchen:

2 of 2 people found the following review helpful. Not enough pictures By Customer Good book and yummy recipes I just wish there were more pictures 9 of 10 people found the following review helpful. Barely any photos By Katie K. I love Bal's recipes and the book is nicely laid out but it's sparse on pictures and I would really like to know what the finished product looks like so I know if I nailed it or not. Was really disappointed with that aspect. Otherwise, worth grabbing a copy. 0 of 0 people found the following review helpful. Fun in the kitchen! By Kindle user I watch Bal's show on the Cooking Channel and thought this would be a good cookbook. I wasn't disappointed with the different take on common recipes with her special flair. Waiting to see more from her in the future.

Featuring all-new recipes, Bal's Spice Kitchen works on two simple principles: spice is the key to delicious cooking and making flavorful crowd-pleasing meals doesn't have to take a lot of time. Inspired by the traditional Indian recipes

of her childhood, Bal has become a leader in fresh and fast Indian food. Now in Bal's Spice Kitchen she honours that tradition of flavour by showing home chefs how to complement their favorite recipes with new spice combinations. With a guide to creating your own spice mixtures and a spice glossary, Bal's Spice Kitchen moves beyond delectable recipes and arms you with the knowledge to create your own spice kitchen.

About the Author Bal Arneson was born in Punjab, India, where she learned to cook traditional Indian cuisine with her elders at the age of nine. Today she teaches cooking classes, has made multiple appearances on CityTV's CityCooks, and is sponsored by Cuisinart and Vollrath. Bal's own show, Spice Goddess, airs on the Cooking Channel and Food Network Canada.