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## **Balti Secrets of the Birmingham Balti Company: A Cross Between Wok Casserole Cookery**

*Janet Lardner*

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## Birmingham Balti Company: A Cross Between Wok Casserole Cookery:

A cross between wok and casserole cookery, Balti dishes can be prepared very quickly, and here in this guide are the best recipes from Birmingham, the heart of the Balti movement. '