

(Ebook pdf) Best Blender Recipes Ever: Fast, Healthy Recipes to Whip Up for Every Meal (Best Ever)

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Rebecca Ffrench

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Rebecca Ffrench : Best Blender Recipes Ever: Fast, Healthy Recipes to Whip Up for Every Meal (Best Ever) before purchasing it in order to gage whether or not it would be worth my time, and all praised Best Blender Recipes Ever: Fast, Healthy Recipes to Whip Up for Every Meal (Best Ever):

What has your blender done for you lately? Sure, you've got the smoothie game down, but your blender is good for a heck of a lot more than that. From pancakes to burgers to brownies and slaws . . . there are so many things you can make easily and quickly. Check out some of these ideas: Zucchini Apple Muffins Smoky Hummus with Artichokes Chopped Kale Salad Herbed Goat Cheese Turkey Burgers Blueberry Cheesecake Bites Best Blender Recipes Ever is the book that you and your blender have been waiting for. 40 color photographs

About the Author Rebecca Miller French is a recipe developer, food writer and lifestyle expert. Her work has appeared in national publications such as Better Homes Gardens, Shape, Real Simple Family and Martha Stewart Weddings. She is a regular contributor to babycenter.com and has appeared on Good Morning America, The Better Show, and elsewhere. Passionate about natural foods, French cooks up healthful meals for her family everyday, whether they are in New York City or their home in the Catskills, where they try to spend as much time as possible.