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## Best of Kashmiri Cooking

*Neerja Mattoo*

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**Neerja Mattoo : Best of Kashmiri Cooking** before purchasing it in order to gage whether or not it would be worth my time, and all praised Best of Kashmiri Cooking:

Kashmiri cooking has raised culinary art to such a high level of sophistication that it has acquired an exotic, almost legendary, reputation. One of the most striking aspects of Kashmiri cooking is the great variety and range it offers for all seasons and occasions. Even the humblest of vegetables is transformed into a delicacy through the subtle use of spices.