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#2570194 in Books 1982-02Original language:EnglishPDF # 1 11.25 x 8.75 x .50l, #File Name: 069601125595 pagesWOK COOKING | File size: 72.Mb

Better Homes and Gardens : Better Homes and Gardens More from Your Wok before purchasing it in order to gauge whether or not it would be worth my time, and all praised Better Homes and Gardens More from Your Wok:

1 of 1 people found the following review helpful. Another good one from BHG . . .By Michael K. SmithI'm an avid but picky reader and collector of cookbooks and, being diabetic, I'm also always on the look-out for tasty low-fat, low-carb recipes. I've had a lot of luck over the years with Better Homes Gardens cookbooks, and this one generally lives up to that standard. The opening section on tools and cooking methods is especially good, and you also can apply almost all of it to skillet-cooking (I don't even own a wok). And only a small part of the book is actually concerned with stir-frying -- but that's the point. Many of the recipes weren't new, but some were (to me): Pepperoni-Vegetable Supper, Spinach in Sour Cream Sauce, and Horseradish Ribs were quite good. On the other hand, what they call "Jambalaya" isn't, and the idea of sweet-and-sour fish has no appeal whatever!0 of 0 people found the following review helpful. I really love this cookbookBy L.P. SmithI got this cookbook at the library. I have fallen in-love with many of the recipes. "Festive Chicken" is excellent. Very easy to prepare; all in one skillet. Also "Chicken Luau" is another excellent recipe. I can't wait to try " Twice-cooked noodles" the picture looks very tasty. The Paella looks absolutly scrumptous, except I don't do shell fish. This cookbook is a time saver in the kitchen, all recipes are easy to follow, (1 paragraph) long. All recipes serves 4 to 6. A heaty meal. Yes, Better Homes and Gardens did a good book here.

THE BOOK IS IN GOOD CONDITION, HARDCOVER BOOK