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(author) Better Homes Gardens

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(author) Better Homes Gardens : Better Homes Gardens Ultimate Low-Calorie Meals: More Than 400 Light and Healthy Recipes for Every Day (Better Homes Gardens Ultimate) (Paperback) - Common before purchasing it in order to gage whether or not it would be worth my time, and all praised Better Homes Gardens Ultimate Low-Calorie Meals: More Than 400 Light and Healthy Recipes for Every Day (Better Homes Gardens Ultimate) (Paperback) - Common:

You'll never run out of healthy, nutritious family meals with this extensive collection of low-calorie recipes New in the Ultimate series, The Ultimate Low-Calorie Meals Book offers hundreds of recipes and ideas that make eating healthy and watching your weight easy and delicious.