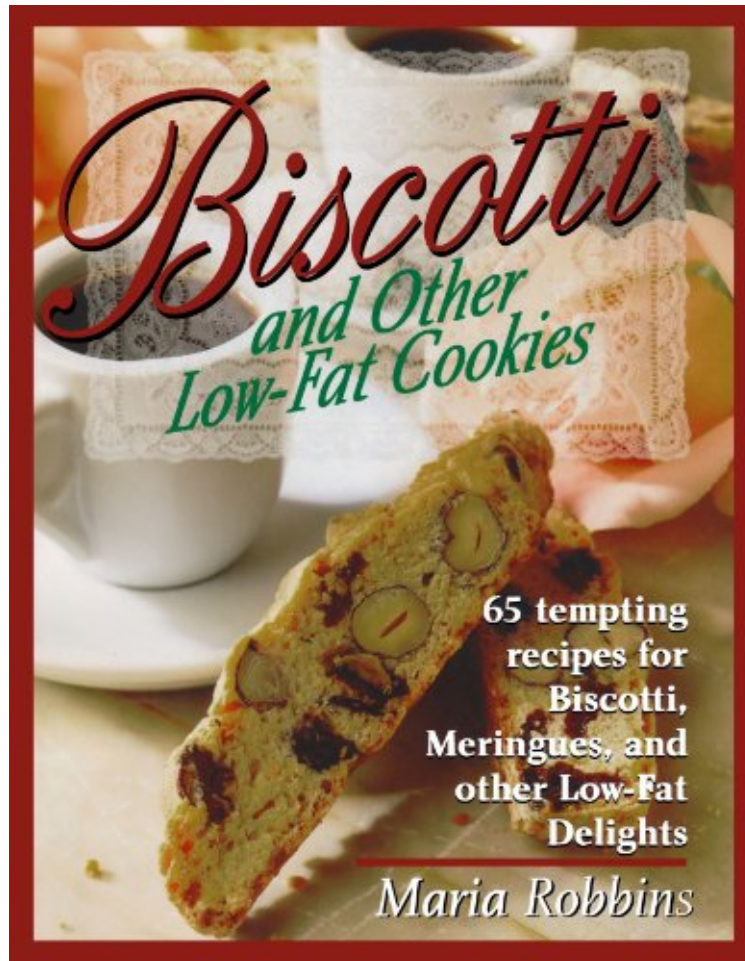


[Free pdf] Biscotti Other Low Fat Cookies: 65 Tempting Recipes for Biscotti, Meringues, and Other Low-Fat Delights

Biscotti Other Low Fat Cookies: 65 Tempting Recipes for Biscotti, Meringues, and Other Low-Fat Delights

Maria Robbins

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Maria Robbins : Biscotti Other Low Fat Cookies: 65 Tempting Recipes for Biscotti, Meringues, and Other Low-Fat Delights before purchasing it in order to gauge whether or not it would be worth my time, and all praised Biscotti Other Low Fat Cookies: 65 Tempting Recipes for Biscotti, Meringues, and Other Low-Fat Delights:

0 of 0 people found the following review helpful. Five Stars By Katie Good recipes 0 of 0 people found the following review helpful. Biscotti By Kathy Parks Lots of great recipes. Ingredients that can be found at a regular store. 3 of 3 people found the following review helpful. Excellent reference - and makes a great gift By Mitzi I bought this book several years ago because biscotti are my favorite cookies. I never thought they would be so easy to make - and they make me look like a great cook to everyone who doesn't know how (yet) to make them. I always get asked for the recipe, so this book becomes a great gift item, as well. You'll get the confidence to get experimental with the

ingredients and these really are very quick to make - which makes them perfect for Christmas when you are rushed.

Low in fat and calories, crunchy, satisfying biscotti are the perfect cookie for today's "light" way of eating. Whether you dunk them in a steaming cup of coffee in a crowded cafe, savor them with wine by firelight, or relax in the afternoon with a plateful and a mug of hot tea, you'll want this outstanding collection of tempting delights. Biscotti are easy to make, and Maria Robbins has developed more than 50 biscotti recipes that feature only the most tantalizing flavor combinations. Besides biscotti, this book also features an array of addictive meringue cookies that have no fat and fewer calories (only 15 to 20 calories per cookie), and a handful of savory low-fat cookies that contain no sugar. These soft, chewy mouthfuls will complement any cookie tray full of biscotti. Recipes include: -Double chocolate almond biscotti-Ginger raisin biscotti-Oatmeal caraway biscotti-Espresso biscotti-Pignoli biscotti-Spicy currant biscotti-Orange poppy-seed biscotti-Crispy gingersnaps-Lime meringue kisses-Citrus-glazed lebkuchen-And more.

From the Back Cover
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About the Author
Maria Robbins is the author of *Cookies for Christmas*, *Baking for Christmas*, and *Chocolate for Christmas*. She lives in East Hampton, New York.