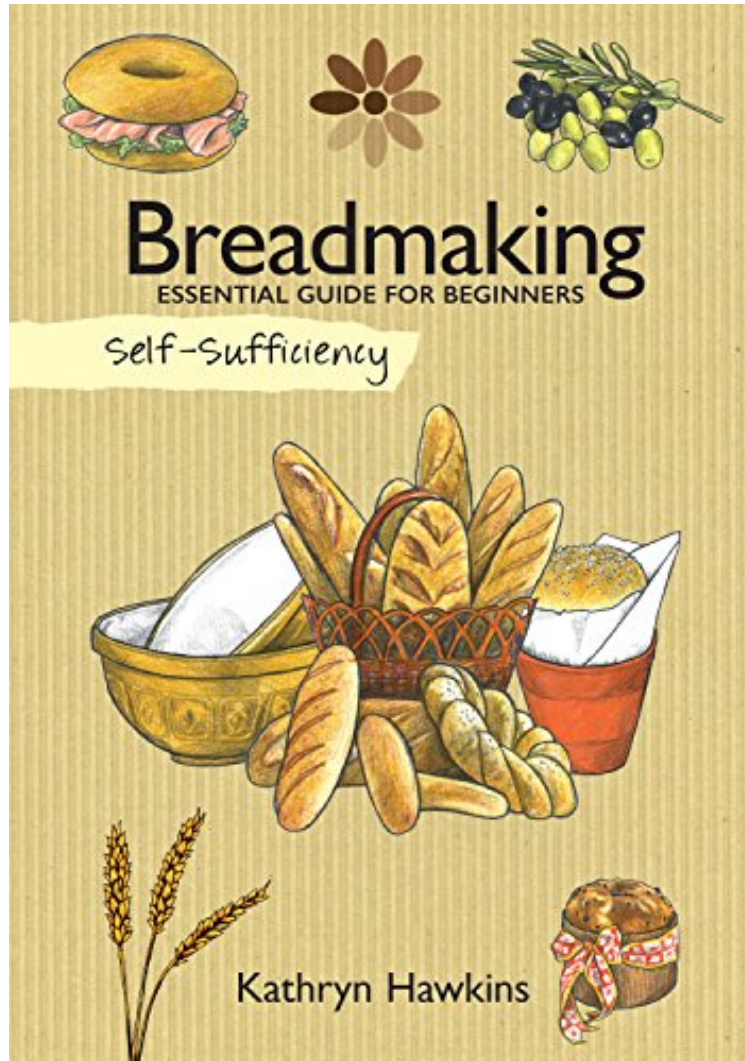


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## Breadmaking: Essential Guide for Beginners (Self-Sufficiency)

*Kathryn Hawkins*

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**Kathryn Hawkins : Breadmaking: Essential Guide for Beginners (Self-Sufficiency)** before purchasing it in order to gage whether or not it would be worth my time, and all praised Breadmaking: Essential Guide for Beginners (Self-Sufficiency):

Making your own bread by hand is a simple pleasure and a great starting point for anyone looking to become a little more self-sufficient. Making bread can be therapeutic and creative and is achievable with even a basic level of culinary skill. Filling your kitchen with the delicious smells of baking bread is reward enough in itself but it is important that

the finished product tastes great too. Food writer and culinary stylist Kathryn Hawkins covers the basic steps to get you started, including essential equipment and simple breadmaking techniques. Also included are 40 tasty bread recipes, from plain white to whole wheat loaves, sourdough to French baguettes, as well as recipes for flavored bread and international fare from every corner of the globe, including brioche, pita bread, naan, stollen, and soda bread. Charming artwork, simple instructions, and informative writing make Breadmaking an invaluable guide for anyone whos always wanted to make warm, delicious bread in their own home while becoming a little less reliant on processed, pre-packaged food. Get started today, and get ready to enjoy a lifetime of hot, fresh bread straight from your own oven.

About the Author Kathryn Hawkins is an experienced cooking writer and food stylist. She has authored dozens of books on baking and natural food, including Bread! Simple and Satisfying Recipes for Your Bread Machine; Chocolate! Rich and Luscious Recipes for Cakes, Cookies, Desserts and Treats; Crepes, Waffles and Pancakes!; Home Baking; Scrumptious Cupcakes for all Occasions; Muffins Cupcakes, Comfort Pie, and more. Kathryn has worked on several women's magazines. She lives in England.