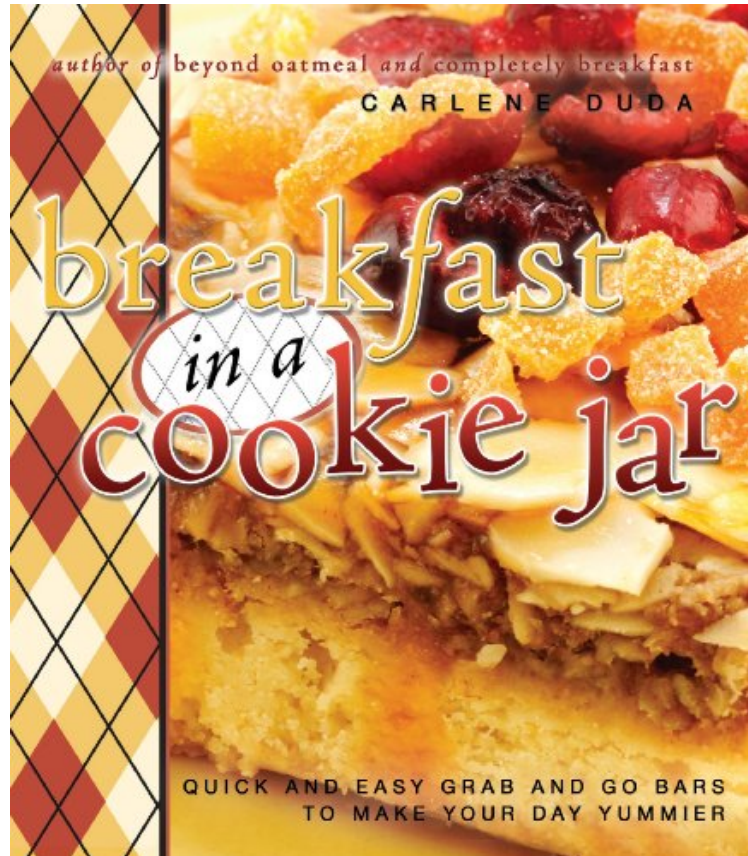


[Download] Breakfast in a Cookie Jar

Breakfast in a Cookie Jar

Carlene Duda

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Carlene Duda : Breakfast in a Cookie Jar before purchasing it in order to gage whether or not it would be worth my time, and all praised Breakfast in a Cookie Jar:

2 of 2 people found the following review helpful. Good First DraftBy ZutronFirst off, I haven't made any of the recipes and they look good. My criticism is of the format: first, it's very short (52 p. including indexes and blank pages); it's in black and white with no pictures and the worst thing for me, there is no calorie or nutritional information. I really want to know if this is the only thing I can eat today, or is it a reasonable choice for breakfast. Yes, I can figure it out myself, but for the price and the lack of other niceties, the publisher or author could have thrown this in.

Don't eat dessert first, you'll spoil your appetite. That's what Mom always said, right? Well, don't tell her we said this, but Mom was wrong. Now you can have your dessert for breakfast! This scrumptious collection of healthy, easy-to-make cookies and breakfast bars will start your day off right. Nobody knows breakfast better than Carlene Duda, author of Beyond Oatmeal and Completely Breakfast, and now she's done it again! Perfect for picky eaters, these recipes are family friendly and easy on your budget. Indulge your sweet tooth with the Blueberry Breakfast Bars,

Cranberry Oatmeal Cookies, German Chocolate Snack Bars, or Triple Peanut Chunk Crunch. Stop the mad dash for toaster pastries slathered in fake frosting. With Breakfast in a Cookie Jar, you can provide your family with a variety of homemade alternatives that are just as easy to eat on the run and so much more nutritious. Best of all, these treats aren't just for breakfast they also make the perfect after school snack, half-time energy booster, or midnight munchie. So go ahead, get caught with your hand in that cookie jar. Breakfast has never tasted so yummy!