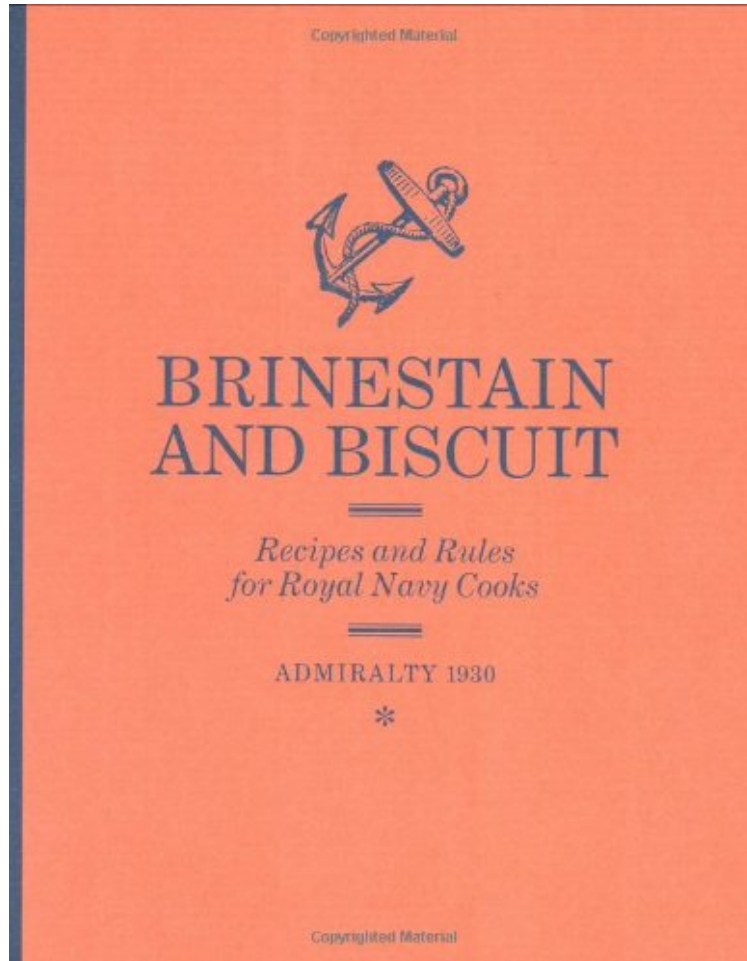


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Brinestain and Biscuit: Recipes and Rules for Royal Navy Cooks

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From Brand: The National Archives UK : Brinestain and Biscuit: Recipes and Rules for Royal Navy Cooks
before purchasing it in order to gage whether or not it would be worth my time, and all praised Brinestain and Biscuit:
Recipes and Rules for Royal Navy Cooks:

0 of 0 people found the following review helpful. An under appreciated component of the Royal Navy By A traveling Man
This is an interesting little book that gives an excellent look into the social mechanisms of the Royal Navy through the galley and the mess deck and the men working and living in these spaces. In just a few pages, the author details the changes which the Royal Navy underwent as it moved from the end of World War I, through the interwar years, up to World War II. Someone once wrote that an Army moves on its stomach. This is no less true of sailors as the move through the seas in a ship. Not only is the history element of value, it makes for interesting reading to look at the recipies that the cooks of the Royal Navy were making and serving to their fellow Sailors. I highly recommend this book as another element in the social history of the Royal Navy. 2 of 2 people found the following review helpful. 3

squares a day, old bean. By L. Alexander I love this little book. Not only is it handsome, but filled with details I've not found in my other ration books. It's filled with common sense tips and recipes, as well as illustrating some of the very British fair (naturally) the Royal Navy enjoyed. It also illustrates the age-old effort to keep troops from doing silly things, like putting your hand near the grinder or opening the steam chest while it's active. I unabashedly recommend this book regardless of your interests. 0 of 0 people found the following review helpful. was expecting a bit better. By CustomerOk, was expecting a bit better.

Climb aboard one of His Majesty's ships, circa 1930, pull up the gangplank, and prepare to experience galley life at sea. Enjoy the arcane practices, no-nonsense instructions, and a wealth of period recipes from an era when the map was painted red and 'empire builders' were not just a pair of shorts. A compendium of carefully chosen excerpts from the "Royal Navy's Manual of Cookery" (1930), this book will sweep you back to a world of kidney, kedgeriee and proper puddings. In this work, learn how to avoid the dangers of 'bone taint' and 'fly-blown meat', and discover what to do with a 'steam chest' and how to work an 'Aldershot oven'. Once equipped with the right kind of know-how from the Miss Jean Brodie of ship's cookery, you will be in tip-top shape to delve into the recipes on offer - from the simple yet gargantuan (sausages for 500 men: take 125 lbs of sausages, fry in lard, add 'brown gravy') to the relatively small-scale and refined, you will get an insight into just how His Majesty's sailors lived and ate. And it was more varied than you might imagine, so they were not always stuck between a rock cake and a hard biscuit. There are the dishes to stir the heart ('Patriotic pudding' or 'Queen Bess pudding'), the nautically exotic ('Mock Turtle soup', 'Canary pudding'), the down-to-earth way with offal ('faggots and peas', 'sheep's head broth') and the faintly scary 'beef tea with egg' or 'brown stew'. There are even salads (well, a few). All in all, for a cook's-eye view of Navy life, this book takes the biscuit.

About the Author The National Archives is the UK government's official archive, containing a thousand years of history from the Domesday Book to the present day. The 170km of records held at Kew in south-west London range from parchment and paper scrolls through to recently created digital files and archived websites. They contain not only famous documents - the last telegram from the Titanic or the 'Jack the Ripper' files - but also the stories of ordinary voices - shot down aircrews, impassioned divorce trials, the service histories of WWI 'Tommies' and much more.