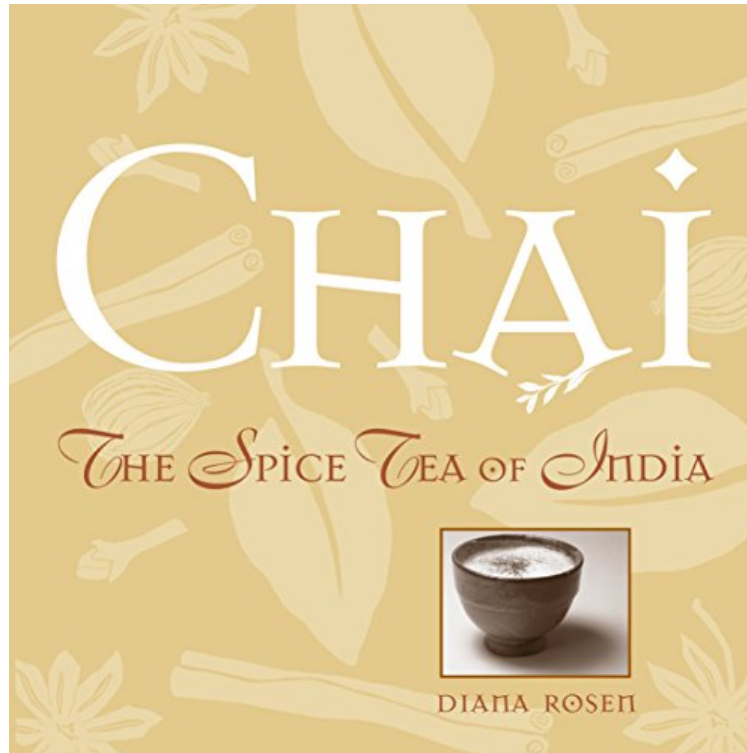


[Download free ebook] Chai: The Spice Tea of India

Chai: The Spice Tea of India

Diana Rosen

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Diana Rosen : Chai: The Spice Tea of India before purchasing it in order to gauge whether or not it would be worth my time, and all praised Chai: The Spice Tea of India:

1 of 1 people found the following review helpful. Recommend. By Jamie Dedes Basic stuff but pretty and enjoyable. Would make a nice gift. 2 of 2 people found the following review helpful. The Spice of Life By A Blair If you are a tea drinker and can appreciate the aromatic scent and warming blend of spices in your tea, then this is the book for you. I am a chai tea drinker -- its extremely flavorful, inviting, and soothing. This book indicates the various types and recipes of chai tea, and it tells the story of its origin and the authors experience with the teas. If you are interested in chai teas, then this is the book to have in your collection of recipe books. 0 of 0 people found the following review helpful. The world of Chai in one lovely book By Miranda von Stockhausen I just finished reading Chai The Spice Tea of India by Diana Rosen. Wow, I was not ready for all the info this little book packs! History, ritual, treasured recipes handed down, and culture too. I highly recommend it!

Discover the rich flavors, unique traditions, and healing powers of chai. This heady mixture of cinnamon, nutmeg, anise, and cloves transforms black tea into a full-bodied elixir that has been enjoyed in India for centuries. Tea expert Diana Rosen explores the fascinating history of chai and offers 22 recipes for a variety of chai spice blends that can be used in both teas and baked goods. Yoursure sure to find exciting and new ways to enjoy chairs spicy and rejuvenating qualities.

From the Back Cover Discover the sumptuous flavors, rich traditions, and healing powers of chai! Spirited blends of spices such as anise, cinnamon, nutmeg, and cloves transform black tea into the rich, full-bodied elixir that has been enjoyed in India for centuries. As a warm, creamy treat with milk and honey or chilled as a summer cooler, healthful chai is the perfect beverage for any occasion. In Chai you'll find:-
• 22 recipes for chai spice blends and variations from chai latte to iced herbal chai-
• Stories of the chai experience from India and throughout the world-
• Recipes for chai scones, cookies, cakes, and more-
• Ayurvedic health benefits of chai spices