

# China Express

*Nina Simonds*

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#1002861 in Books William Morrow n Co 1993-09Original language:EnglishPDF # 1 10.25 x 7.50 x 1.00l,  
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**Nina Simonds : China Express** before purchasing it in order to gage whether or not it would be worth my time, and all praised China Express:

0 of 0 people found the following review helpful. Good foodBy melissaNina always has good recipes and adds special comments to make them interesting.16 of 16 people found the following review helpful. Great Chinese Food Prepared Quickly and SimplyBy Christie of Cooking with ChristieI want this book. I ordered another Nina Simonds book from the Library and they sent this one instead. I have been doing Asian Cooking (Chinese,Thai,Japanese, etc.) for many years. I have also taken many Chinese and Thai cooking classes and run a cooking school out of my home.This is one of the best Chinese cookbooks that I have come across. I made BBQ spareribs last night that are better than you find in most restaurants. It took 5 minutes to make the sauce. Preparation was very quick and easy. Recipes are clear and well written. The ingredients can be found in any supermarket.In her introduction Ms. Simonds states that she wrote this book after becoming a working Mom. This book is perfect for people who do not have the time to go to an Asian market to shop--you will find most, if not all, the ingredients that you need in a good supermarket. It is also perfect for someone who wants to come home and have dinner on the table within an hour. You may want to marinate something overnight; but you do not have to do a lot of preparation to make these dishes. Her section on substitutions in the front is also invaluable.My one criticism is that she uses turkey (a non-traditional Chinese food) in so many recipes. I would use chicken or pork or ground pork instead. However, for someone on a low fat diet the turkey might be another plus. Other than that this book is great.3 of 3 people found the following review helpful. Our most used cook bookBy Erin

ColeI have had China Express now for 12 years and my husband and I agree, this is the most used cook book in our collection. Every recipe is easy to understand and comes out perfect. All the dishes taste very authentic. I especially love how each recipe allows for variations to accommidate different ingredients and tastes. We cannot go to Asian restuarants for the fear of nut allergies in our family so this book has allowed us to enjoy Asian cooking at home. We highly recommend this book for beginners and even the well-seasoned home cooks alike.

An authority on Chinese cuisine presents a cookbook for those without the time or paraphernalia for traditional preparation, offering more than two hundred recipes that are fast and fresh, using easily obtained ingredients. 25,000 first printing. \$35,000 ad/promo.