

Chinese Cooking for the American Kitchen

Karen with Aileen Robbins Friedman Lee
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Karen with Aileen Robbins Friedman Lee : Chinese Cooking for the American Kitchen before purchasing it in order to gage whether or not it would be worth my time, and all praised Chinese Cooking for the American Kitchen:

2 of 2 people found the following review helpful. This is my favorite Chinese cookbook--it's the one I found remaindered in 1980-ish ...By R. JacobsThis is my favorite Chinese cookbook--it's the one I found remaindered in 1980-ish and cooked out of exclusively for a year of nothing but Chinese food at home. Explains how to do everything--how to get your stirfry meat to come out tender and velvety, how to do substitutions, how to change up the recipes with other meats, vegetables, techniques, and reasons, how to buy, prepare, and store all vegetables, meats, wrappers, etc. She gives at least six sample menus for dinner parties, with detailed lists of what to prepare early in the day and in what order, and how to spend time with guests during the run up to the meal.The only problem is this--it presumes it's 1980-ish and Chinese ingredients are hard to find...not true anymore, most places. The author offers mail order addresses--yes, no internet back then--to order foods and sauces and advice about favorite brands, which are all out of date now... But it's easier to find Chinese ingredients today, so with a little research you should be ok...0 of 0 people found the following review helpful. Great, easy guide.By KPKHamburgSo far, so good with what I've made from it. Easy to find ingredients.