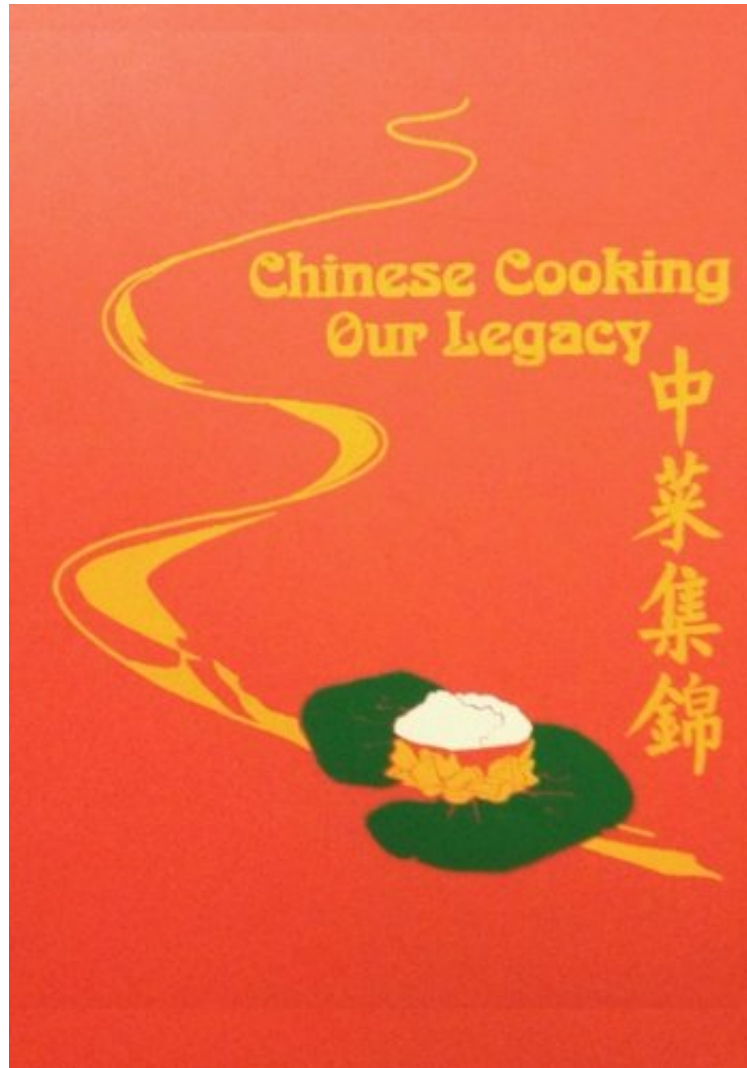


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Chinese Cooking - Our Legacy: Chinese Comfort Food Recipes

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#2458503 in Books Cookbook Cawc 2014-02-01Original language:EnglishPDF # 1 10.00 x 1.02 x 7.00l, 1.71 #File Name: 1495411885450 pagesChinese Cooking Our Legacy Chinese Comfort Food Recipes | File size: 66.Mb

Cawc Cookbook : Chinese Cooking - Our Legacy: Chinese Comfort Food Recipes before purchasing it in order to gage whether or not it would be worth my time, and all praised Chinese Cooking - Our Legacy: Chinese Comfort Food Recipes:

5 of 5 people found the following review helpful. Everything that Reminds You of Mom's CookingBy weekend crafterA true Chinese cook, like my mother and her mother before her, doesn't make Chinese food using a book, measuring spoons and every gadget under the sun. Heck, they don't even measure anything! Whenever I watch my mother cook, she would throw this and that into the wok. This is frustrating for us kids who were taught in home ec to

measure everything! Well never fret Chinese food fans, now you can make down home Cantonese food the Western way - with measurements! The book is divided into the typical segments - appetizers, vegetables, meat, seafood and desserts. Among the home cooked dishes are jook, ham yu zeng yuk bang (really salty fish over pork hash), lotus leek soup etc. You can also learn to make your own BBQ pork and roasted pork. There are even recipes that fixes what ails you: tonics that lowers blood sugar, helps hypertension etc. Granted, I never tried these but who knows, it may work. Weighing in at 400+ pages, you are getting your money's worth with this book - and it's for a good cause too (it's published by a non-profit organization). This is published by an independent publisher therefore the cover reminds me of what you get when your college professor makes you buy an addendum to the textbooks. There are also no pictures in this book. This is straight up recipes. If you want fancy pictures and text, this isn't the book for you. If you want to learn to cook like mom, then buy this book!

Chinese Cooking Our Legacy "Have you had your rice today?" is a polite phrase often heard when friends meet. "I wish I had learned how my mom prepared Chinese style beef stew (ngow nom)!" "Making JOOK in the crock pot is so easy! FOOD is an integral part of most cultures but it is of prime importance for the Chinese. It is the link to our past as well as a legacy for future generations, preserving a primary element in the richness of our cultural heritage. Over 40 years ago, the Chinese American Women's Club of Santa Clara County (CAWC) produced its first cookbook, Chinese Cooking Our Way. It was a compilation of favorite recipes, collected from our personal kitchens, as a gift to our children. Thousands of copies were sold, far and wide, confirming the acceptance of and the need for easy-to-prepare dishes in the busy household. Chinese Cooking Our Legacy, our second cookbook, was developed 25 years later. Many of the original recipes were included in this expanded book totaling over 400 recipes. Newer methods of Chinese cooking were adapted for the western kitchen, utilizing the microwave and slow cooker, for example. Your enjoyment of the recipes from our cookbook will be mutually rewarding. It will enable CAWC, a non-profit organization of over 50 years, to continue its service to the community as well as maintain its efforts in to preserve our Chinese heritage. "We hope you have had your rice today!" E. Yue CAWC Cookbook Coordinator Available on Amazon.com Any question, contact us at CAWC_Cookbook@yahoo.com