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Ching's Chinese Food in Minutes

Ching-He Huang

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Ching-He Huang : Ching's Chinese Food in Minutes before purchasing it in order to gage whether or not it would be worth my time, and all praised Ching's Chinese Food in Minutes:

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If you're hungry for good food but short on time you'll love Ching's quick and easy Chinese recipes. The bestselling author is the master of fresh flavours and simple ingredients and her all-time favourites and exciting new dishes are a delight to cook and share.

Praise for Chinese Food Made Easy: 'Packed with delicious, easy-to-make dishes ... Ching-He Huang is the new face of Chinese cooking.' Heat magazine [five star review on 19/7/08] About the Author Ching-He Huang is the new face of Chinese cooking on British tv and the star of BBC2's popular series 'Chinese Food Made Easy'. Born in Taiwan and brought up in South Africa, she moved to Britain when she was 11. Ching has always been passionate about food, so after graduating with a first class degree in economics, she set up Fuge, a fresh salad company and her healthy drinks company, Tzu. Ching is the author of two cookbooks, Chinese Food Made Easy and China Modern. Chinese Food Made Easy was the fifth bestselling cookbook of 2008. Ching also appears regularly on Saturday Kitchen and Daily Cooks.