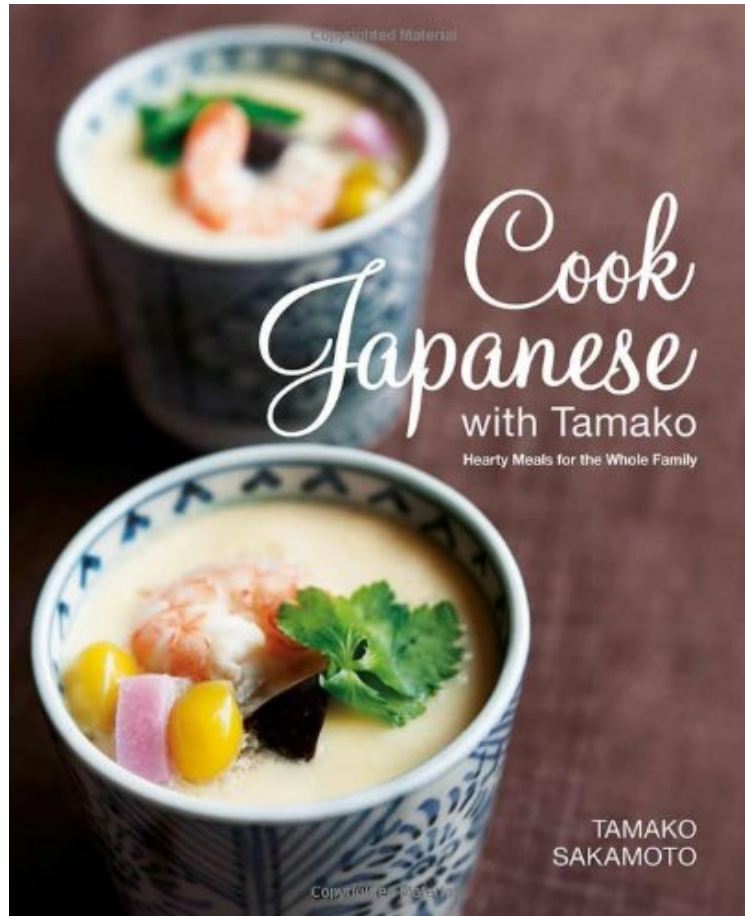


[Download free ebook] Cook Japanese with Tamako: Hearty Meals for the Whole Family

Cook Japanese with Tamako: Hearty Meals for the Whole Family

Tamako Sakamoto

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Tamako Sakamoto : Cook Japanese with Tamako: Hearty Meals for the Whole Family before purchasing it in order to gage whether or not it would be worth my time, and all praised Cook Japanese with Tamako: Hearty Meals for the Whole Family:

2 of 2 people found the following review helpful. Japanese cousine for the faint of heartBy SouthernExposureLtdAfter testing the recipes, I've found them to be satisfying and not too difficult. A great fan of Japanese food with a number of cookbooks, I usually find a few recipes per that I can deal with and remain daunted by the rest. Tamako Sakamoto has provided a nice collection of Japanese homestyle dishes that just about any cook can make and enjoy. Instructions are clear, measurements are in both grams and ouncescups. Portions are large and some of the ingredients may be unavailable without an Asian supermarket in the vicinity, but recipes can be halved and substitutions here and there work pretty well. I like to make the whole recipe and have it on the table for dinner twice. Nobody seems to mind.Each recipe in this cookbook--each with its own photo and punctuated by more photos of Tamako and her family--comes with a story, and while they introduce Japanese culture, the thread that pulls it all together is the universal tale of a busy mother raising a family. This might be another reason the recipes are so accessible. As I make

them, I think about her family and my own. There we are in the kitchen together--cooking and trading stories. 1 of 1 people found the following review helpful. Charming and Delicious By Scuba Enthusiast I love this cookbook! The recipes are delicious, not hard to make, and are interesting and unusual. The author, Tamako, explains this is Japanese home style cooking - meant for easy prep for a busy family - not fancy restaurant fare but rather comfortable and delicious. Though I will add that being Japanese the food is still beautifully presented :) The cookbook is also full of beautiful photos of the food and charming stories of the author's family and cooking adventures, so it makes a very nice gift too. I just bought copies for Mother's Day for my mom and sisters and everyone loved it. 0 of 0 people found the following review helpful. True Japanese home (mom's) cookbook. By Miki H. I first found this book at my friend Q's house in Kamakura, where she said the recipes were amazingly simple yet so hearty and delicious. She was right! This is going to be the book I recommend to all my American friends who want to learn how to cook "Japanese"- the food that is cooked at home- not the sushi and teriyaki you get at restaurants. I appreciate that the ingredients used are available in the US....at least in the cities.

Cook Japanese with Tamako is a collection of 54 recipes for simple yet tasty Japanese-style meals suitable for the whole family, from soups and salads that can be quickly and easily put together, meat and seafood dishes that are both hearty and comforting, and desserts that will brighten any table. Insightful short stories and heart-warming anecdotes on daily family life accompany the recipes, making this book perfect for anyone looking to go beyond typical Japanese restaurant fare to delve into the heart and soul of Japanese food and family traditions.

About the Author Tamako Sakamoto has been a columnist with the Daily Yomiuri (recently renamed the Japanese News) for the past 7 years, delighting readers with her essays on the daily life of her family of six in her cooking column, Taste of Home. Before this, she worked for the Japan Times, writing another cooking column, Family Cooking. A mother of three boys and a girl, Tamako finds inspiration for her column juggling the responsibilities of housework, preparing numerous lunch boxes and cooking dinner for her family including her parents on a daily basis.