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Cooking School: Chinese

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From Paragon Books, Ltd : Cooking School: Chinese before purchasing it in order to gage whether or not it would be worth my time, and all praised Cooking School: Chinese:

Mastering the basics of Chinese cooking will give you marvelous opportunity to explore not only the fabulous array of ingredients, the all-important preparation techniques, and the different cooking methods, but also to go deeper into the history, geography, and culture that lie behind Chinese regional cuisine.