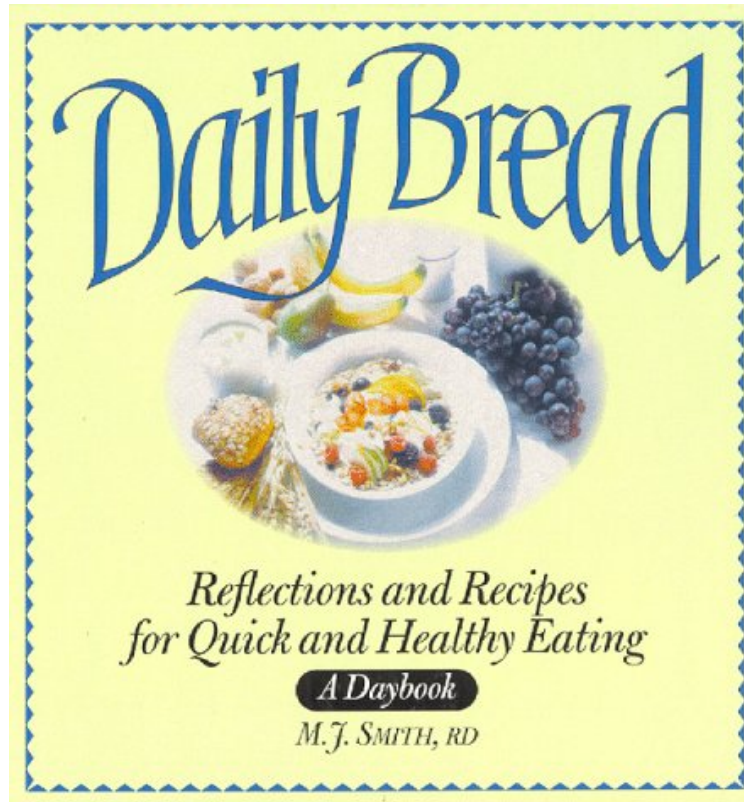


(Mobile book) Daily Bread: Reflections and Recipes for Quick and Healthy Eating

Daily Bread: Reflections and Recipes for Quick and Healthy Eating

M Smith

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0 of 0 people found the following review helpful. Five StarsBy Gail ElletNice mixture of menus and recipes. Also, inspirational and tips for timesaving are included. Easy recipes with common ingredients.

This year-long collection is divided into six bimonthly themes, and, in the popular daybook style, Daily Bread encourages healthy food choices, and offers inspiration.