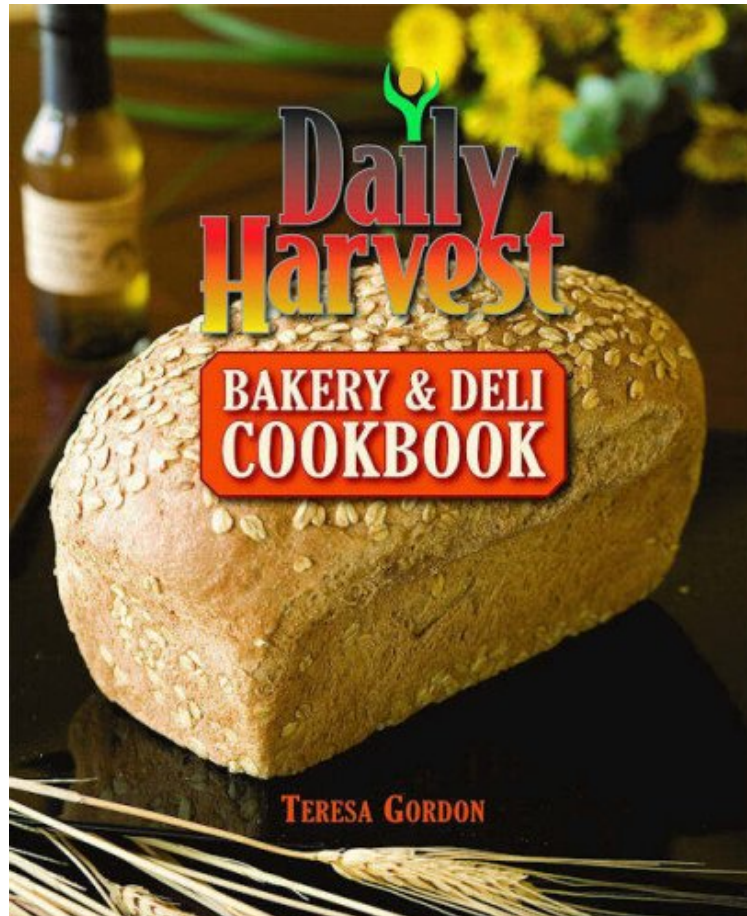


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Daily Harvest Bakery and Deli Cookbook

Teresa Gordon

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#5655211 in Books Pelican Publishing 2008-08-04 2008-10-01 Original language: English PDF # 1 .80 x 7.10 x 8.70l, 1.35 #File Name: 1589806069176 pages | File size: 47.Mb

Teresa Gordon : Daily Harvest Bakery and Deli Cookbook before purchasing it in order to gage whether or not it would be worth my time, and all praised Daily Harvest Bakery and Deli Cookbook:

10 of 10 people found the following review helpful. Caution on the MuffinsBy Dawn M. HallLet me first say that I LOVE LOVE LOVE the Daily Harvest Bakery. And I enjoyed everything about this book, including the vignettes on the employees! I'm pretty sure though I discovered a major misprint in the Daily Harvest Cookbook. I have made 2 batches of muffins off of the Basic Muffin Recipe (on which all of the other 15 or so muffin recipes are based). They came out completely flat and hard. Like a dense pancake. They did not rise at all. I did some research and figured out that all of the recipes based on the "Basic Recipe" are missing the baking powder (and/or baking soda or other leavening agent)....which causes muffins to rise. Every other recipe I could find online for any kind of muffin has baking powder in it!!! I think Teresa made the mistake in the basic recipe and then copied and pasted it to the other pages. I have e-mailed her and am waiting to hear back. I'm sure it is required, just don't know HOW much. Once that is resolved, I'll be in business!!! The chocolate chip cookies are phenomenal!!! And as soon as the local store stocks

back up on Bob's Red Mill oats, I'll be making the Oatmeal Raisin Pecan cookies. Still, this all is just a supplement to a very wonderful bakery that I will patronize again and again! Happy Baking!*****ADDED LATER! I was able to confirm with Gale Green that there was a misprint. The recipes based on the Basic Muffin Recipe should have 2 TBSP. of BAKING POWDER and only 1 1/2 tsp. of sea salt.

Started by an entrepreneurial woman with a passion for good food and good conversation, the Daily Harvest Bakery Deli has been preparing fresh and healthy foods and baked goodies since its founding in 2004. In more than 200 recipes, this collection reveals the secrets behind Daily Harvest's delectable and nutritious foods. Without sacrificing any sweetness, owner and author Teresa Gordon has developed her recipes using honey, unrefined cane sugar, and agave nectar instead of refined white sugar, resulting in wholesome, tasty foods designed to promote good health. From cakes to casseroles and breads to breakfast pastries, the recipes are sure to be a delicious delight to all.

From the Inside Flap From oversized oatmeal raisin pecan cookies to sweet potato muffins, cinnamon swirl bread, and blue bayou smoothies, all of the food prepared every day by the Daily Harvest Bakery and Deli in Monroe and West Monroe, Louisiana, is as delectable as it is healthy. Bakery owner and author Teresa Gordon has developed all of her recipes with well-being and good nutrition in mind, using stone-ground whole wheat flour and honey instead of refined and processed flour and sugars. Opened in 2004, the Daily Harvest Bakery and Deli was the result of a successful home-baking experiment. Inspired to start baking with all-natural grains and ingredients, Gordon began to make breads for her husband, children, and friends. The breads were passed around Gordon's neighborhood and soon landed in the hands of Gale Green, the woman who was to become Gordon's close friend and business partner. The two women began baking together on weekends, and before long, they started selling their breads and expanding their repertoire to include a variety of healthful breakfast foods, lunches, and desserts. Soon after, Gordon decided to take a risk and open Daily Harvest with Green's help. The two have never stopped baking together and the bakery has since been featured in Southern Living and Road Trips! Magazine, and was the recipient of the Northeast Louisiana Small Business award in 2006. In this cheery and delicious collection, Gordon shares the secrets behind her bakery's signature breads, muffins, smoothies, sweets, and sandwiches. Promoting the benefits of whole wheat while celebrating the joys of truly tasty food, Gordon proves that healthful eating is as easy as pie--buttermilk pecan pie, that is. Accompanied by lighthearted anecdotes about the unique bakery and its employees, the recipes in this cookbook are certain to satisfy and delight everyone. [Back Flap] A native of Jonesboro-Hodge, Louisiana, Teresa Gordon worked in her home for twenty five years, raising her two children. After her daughter married and her son graduated from high school, she was motivated to learn how to make Ezekiel bread, which required her to mill her own grain. She bought a small mill and a twenty five-pound bag of grain and started baking. Her experiment was a resounding success, and she has since opened a second bakery. She appears regularly on television to give cooking demonstrations and has been a speaker for various business, church, and women's groups throughout Louisiana. From the Back Cover Heart health is always in good taste. That's what Teresa Gordon, the owner and founder of the Daily Harvest Bakery Deli, has been proving since baking up her first loaf of Ezekiel bread in her home several years ago. Inspired by the moist and wholesome goodness of the all-natural bread, Gordon kept baking, and her vision for a health-food bakery was born. Now with locations in Monroe and West Monroe, Louisiana, Daily Harvest has become a celebrated promoter of healthy, delicious foods, not to mention a favorite local stop for morning muffins, afternoon cookies and lunches, and anytime cakes, breads, and smoothies. From their famous oatmeal-raisin-pecan cookie to red-velvet cheesecake and sweet and spicy jalapeno cornbread, each treat in this collection boasts big flavor with the added benefit of using only unrefined flours and sweeteners. With such ingredients as honey, agave nectar, fresh whole grains, and sea salt, each dish is certain to delight the hearts of those with even the pickiest of palates. Irresistible comfort foods like green bean casserole, bacon and cheese muffins, and bread pudding are served up alongside elegant Italian cream cake and earthy granola in this health-conscious collection. Tasted, tested, and perfected, these recipes promise the sweetest combination of healthy eating with unforgettable flavor. About the Author Teresa Gordon is the award-winning co-founder of the Daily Harvest Bakery Deli.