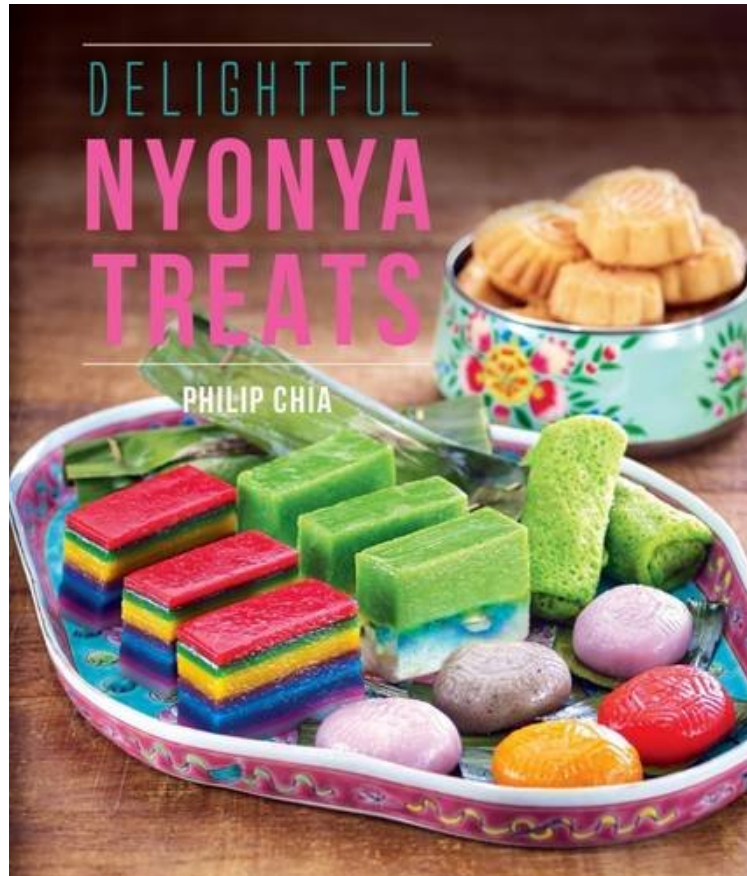


(Free pdf) Delightful Nyonya Treats

## Delightful Nyonya Treats

*Philip Chia*

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**Philip Chia : Delightful Nyonya Treats** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Delightful Nyonya Treats:

The Peranakans A people of mixed Chinese and Malay heritage, the Peranakans are known for their outstanding cuisine. Traditionally prepared by the womenfolk, or Nyonyas, the cuisine combines the best cooking styles and ingredients from the Chinese and Malay kitchens.-----With their vibrant colours, aromatic flavours and endless variety, Nyonya snacks and desserts make delightful treats whatever the occasion. In this book, renowned Peranakan chef Philip Chia shares 30 recipes for irresistible Nyonya delights including essential favourites and many forgotten treats that will excite even the most jaded Peranakan palate. Written with easy-to-follow step-by-step instructions, creating these mouth-watering, crowd-pleasing treats has never been easier!

About the Author Philip Chia's passion for cooking was ignited when he learnt how to pound spices the traditional

Peranakan way, with a batu lesong (stone mortar and pestle), at the tender age of six. Over the years, Philip continued to pick up cooking tips and learn the finer details of Peranakan cooking from his Nyonya aunties, who held exacting standards when it came to preparing Peranakan dishes and sweets. This led him to emerge as one of the finalists in a cooking competition judged by the late Mrs Lee Chin Koon, an acknowledged authority on Peranakan cooking. Today, Philip helms the Peranakan kitchen at the highly reviewed Straits Express restaurant in Singapore where he continues to share his passion for Peranakan cooking with his team of chefs and guests. He is often invited as guest chef for Peranakan food promotions both locally and abroad, and he is also a familiar face on television, promoting Peranakan cuisine. Philip Chia is also the author of Peranakan Heritage Cooking and Party-Perfect Peranakan Bites.