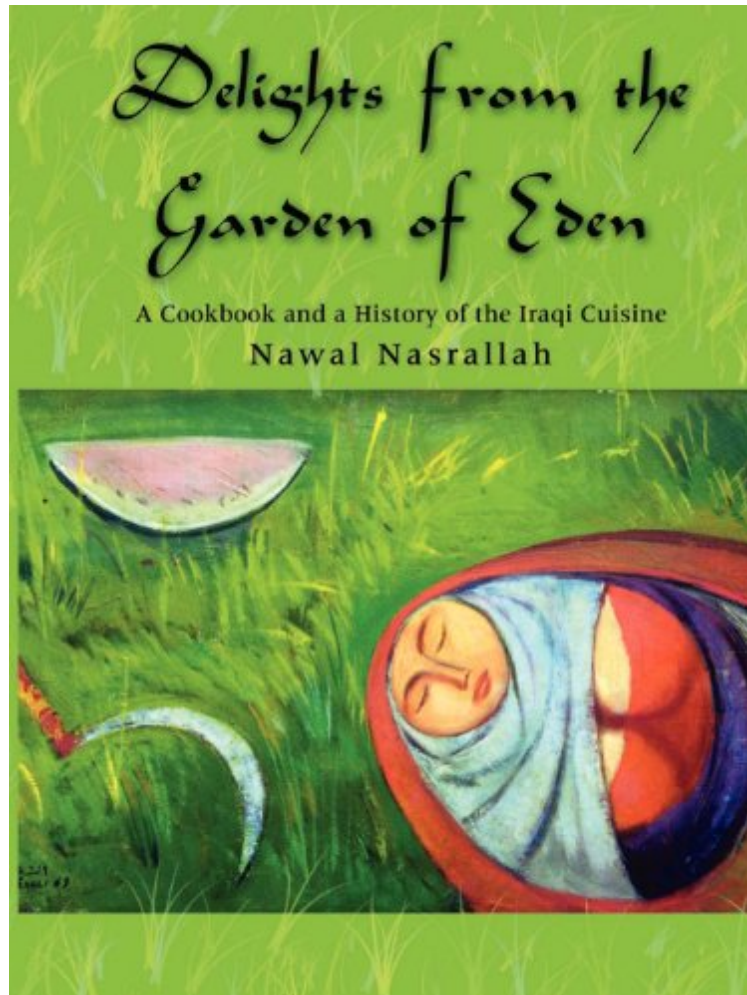


[Free read ebook] Delights from the Garden of Eden: A Cookbook and a History of the Iraqi Cuisine

## Delights from the Garden of Eden: A Cookbook and a History of the Iraqi Cuisine

*Nawal Nasrallah*

*ebooks / Download PDF / \*ePub / DOC / audiobook*



[Download](#)

[Read Online](#)

#1725667 in Books Author House 2003-02-21Ingredients: Example IngredientsOriginal language:EnglishPDF # 1 11.02 x 1.33 x 8.27l, 3.39 #File Name: 140334793X664 pages | File size: 59.Mb

**Nawal Nasrallah : Delights from the Garden of Eden: A Cookbook and a History of the Iraqi Cuisine** before purchasing it in order to gage whether or not it would be worth my time, and all praised Delights from the Garden of Eden: A Cookbook and a History of the Iraqi Cuisine:

5 of 5 people found the following review helpful. Excellent recipes but poor book presentationBy andy\_booksThis book is great. I bought it's first edition in 2003 and we used it a lot. The previous edition was a bulky soft cover and printed on brown paper. Being from Iraq meant that we didn't need pictures but I can understand the complaints about the lack of photos which is a drawback for those who have not seen the meals.I bought this book with the expectation that the second edition will bring with it improvement in the paper, colored photos and the general organisation of the book. I was mistaken. Yes the new edition is not as bulky and it is hard cover printed on glossy paper with colored

photos here and there. However, the smaller font size and the quality of the print meant it is difficult to follow the recipes. The colored boxes are difficult to read due to their bright colors. The main problem however, lies in the absence of reference pages to the within chapter contents at the beginning of each chapter which used to exist in the previous edition. This means every time you are looking for a recipe, you have to go the index which has a very small size font. I still think the book provides one of the most resourceful information on the cooking in Iraq. By simply following the recipes, you will be able to cook many authentic tasted meals. 1 of 1 people found the following review helpful. Great recipes and I like the history that goes with them By Cytara Kind of a pricey cookbook, but worth every penny! My boyfriend is from Iraq and I wanted to be able to make him some of the foods he loves from home. I don't read Arabic though. I showed him this book when I received it and he was so happy he almost cried. The recipes are just like how his mom and sisters make the dishes. And I really like that they give some history with each set of recipes. It helps me get to know more about where he grew up. I'm very happy I bought this cook book. 1 of 1 people found the following review helpful. Top-notch recipes in an amazingly scholarly work By Nabeel Yaseen I have owned the paperback version of this book for many years and it is by far the best Iraqi, and indeed Middle Eastern, cookbook I have come across. Head and shoulders above other, better known and advertised Middle Eastern cookbooks. The recipes are authentic and work very well in a standard American kitchen. I owe to it many delicious meals including flat bread, stews, and jams. In addition it makes for very entertaining reading as it goes over Iraqi food customs and culinary history. The depth of scholarship is amazing: I have not seen anything quite like it in any other cookbook - Eastern or Western. Glad to see that it is coming out in a hardcover edition and getting some of the attention it deserves.

This new Iraqi cookbook contains more than four hundred recipes covering all food categories. There is ample choice for both vegetarian and meat lovers, and many that will satisfy a sweet tooth. All recipes have been tested and are easy to follow. Introducing the recipes are thoroughly researched historical and cultural narratives that trace the development of the Iraqi cuisine from the times of the Sumerians, Babylonians and Assyrians, through the medieval era, and leading to its interaction with Mediterranean and world cuisine. Of particular interest are the book's numerous folkloric stories, anecdotes, songs, cultural explications of customs, and excerpts from narratives written by foreign visitors to the region. Arabic calligraphy, and photos, paintings and sketches add to the pictorial appeal of the book.

A recent classic that should be a feature of every food lover's library hellip;. All recipes are treated with commendable thoroughness and clarity. Nasrallah is to be congratulated on her efforts in compiling this exciting and useful cookbook. Food Lovers Cookbook Collection, Foodtourist.com From the Author The book has received the Special Award of the Jury of the Gourmand World Cookbook Awards for 2007 About the Author Nawal Nasrallah, a native of Iraq, was a professor at Baghdad and Mosul universities teaching English literature and language. Besides her cookbook *Delights from the Garden of Eden* (2003), she is author of *Hayy bin Yaqzan and Robinson Crusoe: A Study of an Early Arabic Impact on English Literature* (1980), and co-author of *Beginner's Iraqi Arabic* (Hippocrene Books, 2006). Her book *Annals of the Caliphs' Kitchens: Ibn Sayyar al-Warraq's Baghdad Tenth-Century Cookbook English Translation with Introduction and Glossary* (Leiden: Brill) is coming out in December 2007. The author has been giving presentations and demonstrations on the Iraqi cuisine, ancient, medieval, and modern.