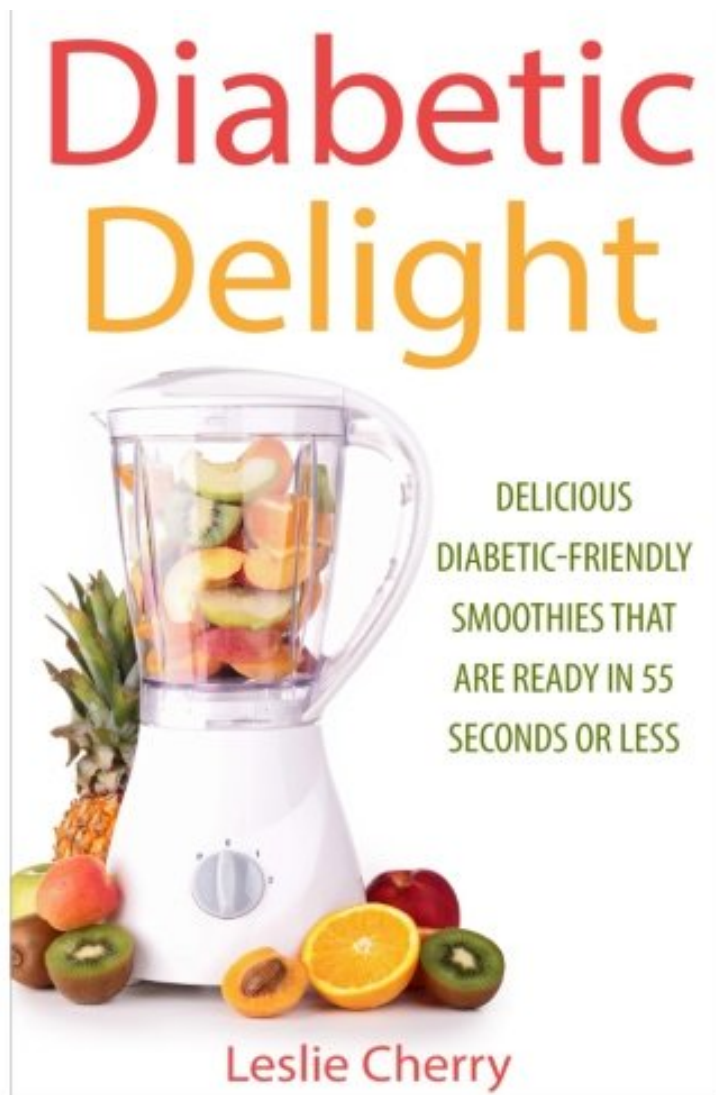


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Diabetic Delight: Delicious Diabetic-Friendly Smoothies That Are Ready in 55 Seconds or Less

Leslie Cherry

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Don't Sacrifice Taste Just Because You're Diabetic This cookbook is perfect for a person that is diabetic but still wants to enjoy a smoothie. There are 25 recipes that can add variety to your meal planning. The ingredients are healthy and include many fruits and vegetables, and the directions are easy to follow. You don't need to be a diabetic to enjoy the smoothies in this recipe book. Serve them to your family and friends as well as making one for yourself.