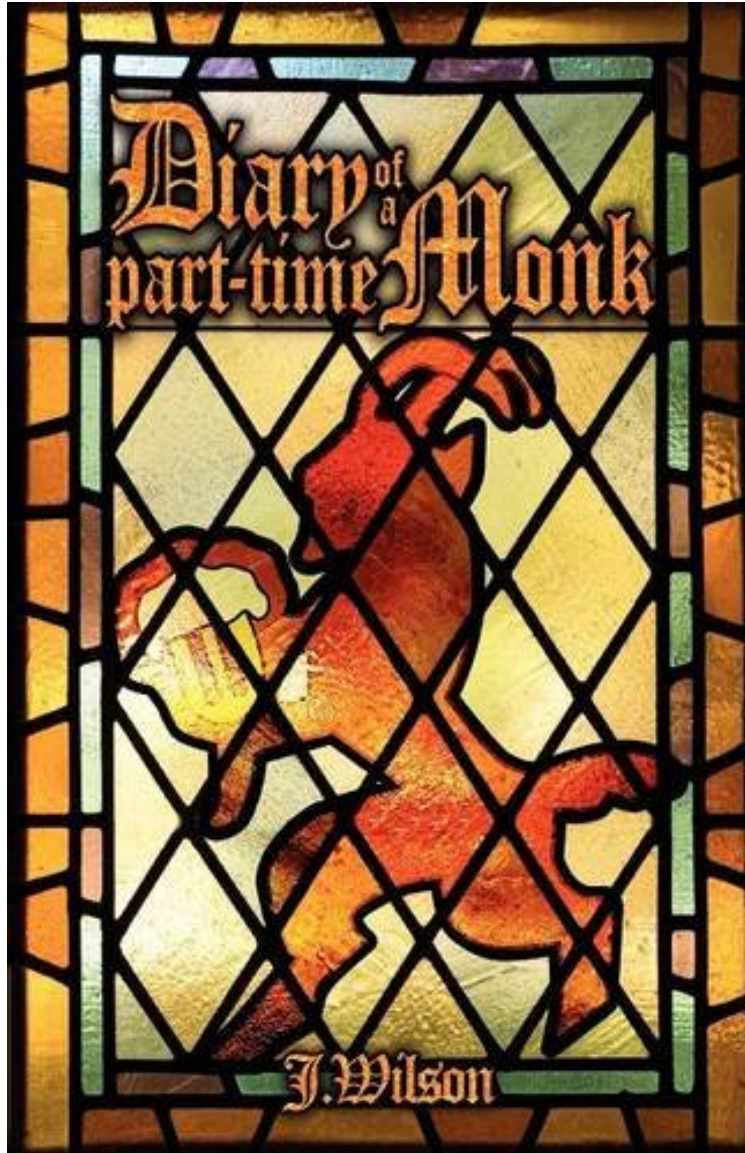


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Diary of a Part-Time Monk

J. Wilson

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#2672581 in Books Old Line Publishing, LLC 2011-11-02Original language:EnglishPDF # 1 8.50 x .48 x 5.50l, .55 #File Name: 193700452X210 pages | File size: 52.Mb

J. Wilson : Diary of a Part-Time Monk before purchasing it in order to gage whether or not it would be worth my time, and all praised Diary of a Part-Time Monk:

1 of 1 people found the following review helpful. Despite a few blaring mistakes, enjoyable.By RPerezCCatholics do not fast on Easter Sunday. Yes, they do fast on Good Friday, AND Ash Wednesday. This made me question how many other mistakes the author made regarding the practices of other faiths. But, how could I stop reading, especially because I was reading during Lent, having given up beer for all 46 days? It was comforting reading about a guy

drinking beer EVERY DAY during Lent. I had never tried the Paulaner brand, and my, oh my, how good it tasted upon returning from Easter Sunday Mass! How good God is, and man also, having figured out how to take a tiny bit of God's creation and produce beer with it. I love being Catholic, and beer is close behind, after my hubby and daughter, of course! 0 of 0 people found the following review helpful. Much, much more than just a beer drinker's diary!! By Kenneth R. Hilton I worked with J. Wilson at Duck-Rabbit Craft Brewery, but I learned so much more about this dynamic guy through his book. *Diary of a Part-Time Monk* not only relates the story and history of fasting done by European monks, but also explores the complexity of family, friends, and values that lead J through his fast. His research and preparation were evident throughout the read. This guy and his family are awesome...you will get intimate with them as well. Heck....this book is one of the many reasons J. Wilson is the 2012 Wynkoop Beer Drinker of the Year. Proud to be a friend!! 0 of 0 people found the following review helpful. Well written and humorous, I intend to repeat this... By Supcoronado Well written and humorous, I intend to repeat this "fast" using various types of beer in the near future... Thanks so much for all the tips!

Working to nourish their bodies through lengthy Lenten fasts, the monks of Neudeck ob der Au outside of Munich are credited with developing the rich-and-malty doppelbock style of beer. Packed with carbohydrates, calories and vitamins, this unfiltered "liquid bread" is said to have sustained the monks from Ash Wednesday to Easter, and more than 300 years later, the monastic history and quality of this beer style is well-known throughout the world. Writer and semi-professional beer drinker J. Wilson embarked on a 46-day beer-and-water fast to test the legend of doppelbock's origins, church connections, and nutritional value, as well as his own will power; and live to tell the tale.

About the Author J. Wilson is an award-winning homebrewer, BJCP Certified beer judge, semi-professional beer drinker and pretty good dad. He blogs about the ideal condition of harmony, beer and joy at www.brewvana.net.