

(Download) Doughnuts: Over 3 Dozen Crullers, Fritters and Other Treats

Doughnuts: Over 3 Dozen Crullers, Fritters and Other Treats

Dorian L. Parker

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#4014954 in Books 1994-02-22 1994-02-22Original language:EnglishPDF # 1 7.25 x 5.25 x .50l, #File Name: 051759439095 pages | File size: 43.Mb

Dorian L. Parker : Doughnuts: Over 3 Dozen Crullers, Fritters and Other Treats before purchasing it in order to gage whether or not it would be worth my time, and all praised Doughnuts: Over 3 Dozen Crullers, Fritters and Other Treats:

1 of 1 people found the following review helpful. Needed more Filling and Topping recipesBy gloria ellsworthnice collection of recipes, but I would have liked a bit more on fillings and doughnut toppings. this was a good starter book.

Now anyone can enjoy the freshest and most flavorful doughnuts of all--the kind you turn out in your own kitchen. Doughnuts contains 40 recipes for the time-honored favorites, as well as many new variations on the classics, many of which are baked rather than fried, and require no waiting for the dough to rise. 20 line drawings.

From Publishers WeeklyIn a book that is somewhat thinner than a doughnut, but still amply stocked, Parker (Pancakes), "born in Texas of fiercely Southern antecedents," dives again into the frying pan, emerging unscathed. She traces this tidbit back to early China, where the ur-doughnut "symbolized Eternity"; and suggests good ingredients, culinary tools and basic methods for making it, before she gets into her (mostly) sugary litany. Some of the fare is unexpected: elderflower fritters, for example, which were included at fancy meals in France during the Middle Ages. Parker urges moderns, too, to dip the flowers into batter and fry, then serve with strawberry or blueberry puree. Sweet potato doughnuts sound heavier, and claim kinship with George Washington Carver, who rooted for the vegetable.

And onion buns are more savory than sweet. But the book offers enticing choices, as well as a small number of low-fat, low-cholesterol recipes, including one for chocolate doughnuts. Copyright 1993 Reed Business Information, Inc. From the Inside Flap Now anyone can enjoy the freshest and most flavorful doughnuts of all--the kind you turn out in your own kitchen. Doughnuts contains 40 recipes for the time-honored favorites, as well as many new variations on the classics, many of which are baked rather than fried, and require no waiting for the dough to rise. 20 line drawings.