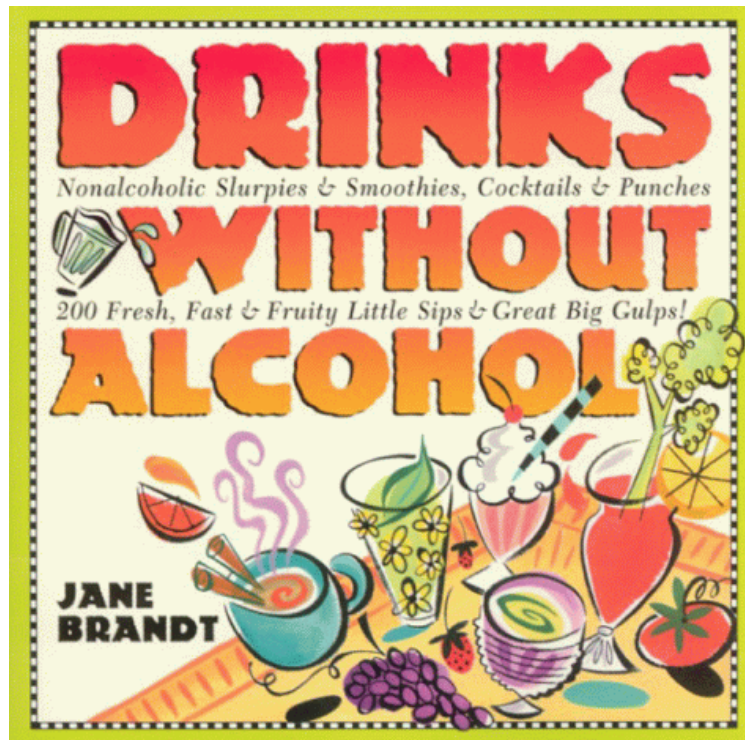


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Jane Brandt

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0 of 0 people found the following review helpful. great bookBy blueskyGreat ideas. It is a good idea to keep a party legit and happy. Alcohol doesn't add anything to life, family life, anything really. I like serving exciting drinks that keep people real and happy the next day and in life.

Here are 200 outstanding drinks that are literally for the whole family, including the designated driver. First published in 1983, and now revised, updated, and rejacketed, Drinks Without Alcohol is a collection of luscious smoothies, shakes, punches, egnogs, sodas, coolers, and knock-your-socks-off alcohol-free cocktails. There are hot drinks and cold, energizers and set-me-downs, drinks for chocolate lovers, drinks for coffee lovers, and a host of drinks especially appropriate for children's parties. Bottoms up!

From the Back Cover Luscious, nonalcoholic drinks--200 of them--that are literally for the whole family, including the designated driver. Featuring fresh fruits and low-fat yogurt, coffee and chocolate, berries and beets. Plus an imaginative bevy of beverages just for children's parties. Plus: Drinks to vitamize your morning, quench an afternoon thirst, substitute for a dieter's meal, and serve elegantly in place of cocktails. Including: How to use soy boosters and how to create lower-in-fat alternatives.